



Scarboro Surf Life Saving Club

"ECHO" CLUB NEWSLETTER

PRESIDENT'S PEN – Jody Ballard

Last Friday night marked our mid-season Special General Meeting, as suspected we were unable to achieve the required quorum of 74 voting members so all business has been postponed by the Board until the AGM.

After a lumpy and windy start to the day, Sunday afternoon saw a volunteer induction and training session for our Starfish Nipper helpers put on by the very able Ali Nielsen and the staff from Rocky Bay. For those looking to help out in this program, it was a great opportunity to meet other volunteers, learn about verbal and non-verbal communication, the physical restrictions that participants may have and how to provide the best experience for these young people on the beach at Scarborough. Following on from the training we then got to meet some of the participants and their families at a meet & greet session. Well done to Ali and Mackenzie Allin on putting together a great session.

This Sunday will see the arrival of our new ladies swimwear range, sorry gents ours arrives early 2021. With a range of options and styles available, Deb and the team will be setting up base in the training room to show off the new range and let you purchase those last-minute gifts for friends, family or even just to treat yourself. Drop on by and check them out throughout Sunday morning.

There are several "lasts for 2020" coming up:

- Last sunset drinks – Friday 18 December
- Last Woodside Nippers – Sunday 20 December
- Last Club Merch Shop – Sunday 20 December
- Last office day – Wednesday 23 December
- Last Echo – Wednesday 23 December

See you down the beach on Sunday

Jody Ballard

JODY BALLARD | President

(E): president@scarboro.com.au (M): 0450 307 936

ECHO Edition # 683

17/12/2020

CLUB OFFICE HOURS:

Administration:

Mon-Thur: 9.15am to 2.15pm

Friday: Closed

E: adminofficer@scarboro.com.au

Functions:

Wed & Thur: 8.30am – 5:00pm

Friday: 1.30pm – 5:30pm

Functions: Functions@scarboro.com.au

BAR OPEN – Every Friday Evening

Friday: 5:00pm to ±9:30pm

Office Telephone # : 9341 1011

Club Website :

<http://www.scarboro.com.au/>

UPCOMING EVENTS

DECEMBER:

- Sun 20th Last day of Nippers for 2020 and Santa's arrival

JANUARY:

- Sun 10th Boat Carnival - Secret Harbour
- Sun 10th Nipper Carnival 2 - Trigg
- Sun 17th Little Nipper - Carnival Cottesloe
- Sat 23rd Club Anniversary Breakfast
- Sat 23rd & Sun 24th Country Carnival – Bunbury

FEBRUARY:

- Sat 6th Surf League Rnd 3 – Trigg
- Sun 7th Surf Boat Championships – Trigg
- Sat 13th & Sun 14th Nipper Qualifier – Leighton
- Sat 20th R&R Nipper & Seniors – Sorrento
- Sun 21st Nipper Carnival 2 – Mullaloo
- Sun 21st Senior Carnival – Mullaloo
- Sat 27th Masters States – Mullaloo
- Sun 28th Country Championships - Mullaloo

XMAS OFFICE HOURS:

We will be closed from the 24th December and will re-open Tuesday 12th January 2021

SWIM BOARD IRON – Warren Jones

Training continues at the beach– (see the app for details)

- Tues - Iron
- Wed and Fri - Board 6am
- Sun - Board 8am,

All sessions at the club

Warren Jones

Warren Jones | Water Captain

(E): watercaptain@scarboro.com.au

PATROL OFFICER – TC

TC has now placed everyone on a Patrol, if you have not received or do not know your Patrol number, please message or call TC on **0437 156 622**.

Patrol times have changed for the next 2 months so please check your start time.

- **08.00am - 1.00pm**
- **12.45pm - 6.00pm.**

Brighton is now in operation for all patrols.

Those members that have submitted Parking Permits, these can be collected and signed for from TC.

Day	Start Time	Finish Time	Patrol Team
Saturday 19 th December	8.00am	1.00pm	Team 11 Janet Stephenson
Saturday 19 th December	12.45am	6.00pm	Team 12 Belinda Kuster
Sunday 20 th December	8.00am	1.00pm	Team 13 Emma Forte
Sunday 20 th December	12.45pm	6.00pm	Team 14 Sarah Rafferty

Please remember CHRISTMAS DAY is a Volunteer Patrol, so if you would like to spread some joy on the beach come down and lend a hand to keep our beach goers safe, we are on the beach from 8am – 1pm

If you are unable to make your patrol, please find a proxy and contact your Patrol Captain.

You may request a "PROXY" on our Facebook page: <https://www.facebook.com/groups/2000056123611364>

If you require patrol uniform, please see TC prior to the start of your patrol.

See you over the weekend.

TC

Terrance Colby | Patrol Officer

(E): patrolofficer@scarboro.com.au

SKI SCRIBBLES – Grant Stephenson

BEGINNERS SKI CLASSES START 8am THIS SUNDAY AT HILLARYS BOAT HARBOUR!

For all these people who expressed an interest in learning to paddle surf skis come on down and let our experienced coaches help you develop the skills you will need to take a ski out in the ocean.

This Sunday is a chance for everyone to meet up in the safe waters of Hillarys, and for us to assess everyone's current skill level. The following week, if we have the numbers, we can split the group into a Saturday session 8am - 9am for intermediate paddlers, and 8am - 9am on Sundays for beginners. Ideally these will be held at the club but if the conditions dictate it we will take the ski trailer to the marina.

Looking forward to seeing all you beginner paddlers at the Dolphin Wishing Well, near the Hillarys boat ramp 8am this Sunday.

Last weekend the ski trailer was packed to the gunnels with skis and boards and headed up to Lancelin for the U/14s Christmas extravaganza.

It was great to see them all having a crack on the Clubs plastic skis and a double, always getting back on with a smile, regardless of how many times they fell off on the way to the island.

What a really great group of kids and a credit to the organisational skills of Belinda Somers, Nicole Tolev and the assorted attending parents. Once again, we could not fault the hospitality of Willo, making his place available yet again for this riot of Under 14s.



The Scarborough Cup conditions are looking good for this Friday and it is the last one for the year, as both Christmas and New Years day fall on a Friday.

We have recently been fortunate to have club legend Gambo coaching us in Marty Robinson's absence, he is on holiday, lucky do-er! We are fortunate to have such depth of knowledge and experience available to us in the squad, and we plan to use these paddlers to help out with our beginners classes soon. Stay tuned.

On a different note, we unfortunately have had reports of unauthorised usage and some damage of Member's skis.

This is a problem, so if it doesn't belong to you, and you don't have permission to use it, don't !

See you on the water soon,

Grant Stephenson

Grant Stephenson | Ski Captain

(E): skicapain@scarboro.com.au

BAR – Matthew Ewart

Friday 18th December 2020

Grant Stephenson

Belinda Kuster

Hi All,

Thank you to all our bar volunteers for their help this season so far, Friday marks our final sundowner until we re-open Friday 15 January. Thank you for volunteering your precious time and supporting the Club!!

Matthew Ewart

MATTHEW EWART | Bar Manager | Scarborough SLSC

(E): BarManager@scarboro.com.au

EDUCATION – Belinda Kuster

REGISTER YOUR INTEREST FOR THE DECEMBER RAPID SRC COURSE – MON 21 – WED 23 DECEMBER.

This is a rapid course for all U14/U15 who don't yet have their SRC and wish to patrol or compete this season. Each candidate MUST have completed the online learning prior to commencing the course.

The course will run from **0800-1200** Mon – Wed.

You MUST submit your online learning completion certificate to be able to commence the course and attend each day to gain the award.

REGISTER YOUR INTEREST FOR THE UPCOMING SILVER MEDALLION BEACH MANAGEMENT COURSE:

Sat 23 and Sat 30 JANUARY 2021 2-5pm each session.

Prerequisites for this course:

- You must be 18 years old
- You must hold a valid Bronze Medallion
- You must have been an active patrolling member for a minimum of 3 years

REGISTER YOUR INTEREST FOR THE ART (AID) COURSE TUE 19 JAN 7-9pm

This course is more important than ever this year under our new COVID-19 conditions where breaths are not advised in resuscitation. The ART holder will be a vital member of the patrol team and provide emergency oxygen to patients in need of resuscitation.

REGISTER YOUR INTEREST FOR THE SENIOR FIRST AID COURSE Tue 12 JAN and Thu 14 JAN 7-9pm This course is a nationally recognised qualification of HLTAID003 and is recognised nationally and in the workplace. The course is offered under auspice with SLSWA and costs \$50 per member or \$75 per non-member. This course is currently being offered by SLSWA to the public at \$140 so is a great saving for clubbies. There is an online component which must be completed prior to attending the face to face sessions on the 12th and 14th January.

REGISTER YOUR INTEREST FOR THE JANUARY 2021 BRONZE MEDALLION COURSE:

The next Bronze course will kick off on **9 January** in the pool at 0730 for the proficiency swim and induction, then run every-:

- Wednesday night 7:00pm – 9:00pm
- Saturday morning 7:30am to 10:00am

The above sessions will run until assessment on **17 Feb** for dry and **20 Feb** for wet.

REGISTER YOUR INTEREST FOR THE MARCH IRB CREW COURSE:

- **Sat 6 and Sun 7 March** from 0600-0900
- **Sat 13 March** from 1300-1600
- **Sun 14 March** from 0600-0900

You MUST attend each session and complete the online learning prior to practical sessions to be able to attain your IRB Crew award.

Enquiries for all courses and expressions of interest to educationofficer@scarboro.com.au

Belinda Kuster

BELINDA KUSTER | Education Officer

(E): educationofficer@scarboro.com.au

DRONE NEWS – David Lim



Scarboro is currently seeking expressions of interest from members wishing to become Drone Operators.

Drone Operators provide additional surveillance capabilities to our Lifesaving patrols using DJI Phantom 4 drones to watch over areas beyond the break.

To be eligible to join the program you will need to be at least 16 years of age and hold a lifesaving award (SRC, BM or First Aid).SLSWA provide all necessary training to get you up and running, also Drone patrols contribute to your annual patrol commitment.

If you are interested in becoming a Drone Operator please me.

David Lim

David Lim | Drone Officer | Scarboro SLSC

(E): droneofficer@scarboro.com.au

U/14 YOUTH – Nicole Tolev & Belinda Somers

Under 14 Lano Youth Camp

What a fabulous weekend the under 14s had at their first Scarboro Lano experience. With the assistance of some great carpooling and organisation by Belinda the happy campers made their way there Friday night. After a bit of exploring and sleeping arrangement negotiation everyone had a fabulous BBQ dinner. The kids all went to bed really early and fell straight asleep. Lucky, because we were all out at Back Beach by 7am with a range of surf craft enjoying the gentle waves and magnificent weather. Joe joined us there... we think he had 2 thongs then. Quick pit stop for refueling back at base then, who shows up but Grant, with a trailer packed full of boards and skis. Off we all went for a swim, ski or board paddle to the island. Great effort by all, especially the distance swim squad Luke, Charlotte and Jacinta then back to ... yep ... eat! The afternoon was a little less fast paced, skate park, jetty jumping and a bit of street cricket. We were then treated to a magnificent roast dinner by Frankie. Then ... the kids all went to bed really early and fell straight asleep. Sunday morning was a bit like slow motion but everything was



completed. The photos speak volumes about the great fun had. Check out the gallery on TeamApp to see a heap of photos.

I would like to mention some of the special talents witnessed this weekend...

The ability to squish multiple outfits into one backpack and wear most of them.

The many different ways you can squish BBQ shapes into soft furnishings.

Spotting insects at a distance, instantly recognising how many, and also finding those not normally visible to the human eye.

The skill of presenting sleeping arrangements and clothes to resemble a crime scene, seemingly without any effort.

The ability to literally inhale chocolate brownies as a food source.

Special thanks are in order.

Thanks Frankie for your culinary skills ... very appreciated.

Thanks Willo for the accommodation, advice and cooking.

Thanks Grant for bringing up the trailer and sorting the kids onto skis.

Thanks Mike for sharing your ski wisdom.

Thanks Damo for the constant humour.

Thanks to our parent helpers for their gold class taxi service and all round help.

And giant thanks to Belinda for her organisation and enthusiasm. (We hope your voice comes back soon!)

Nicole Tolev

Nicole Tolev & Belinda Somers | U/14 Youth



RACE SECRETARY – Tanya Channell

Last Sunday with showers on and off and a messy ocean, we still had a good turnout of 29 swimmers. There were a few swimmers that thrived in the conditions and their results show. We also had 4 swimmers that know their limits and decided not to make it to the first sand bar.

Thanks to Mark Irwin on the Jet ski for providing our much-needed water safety. Special mention goes to Marty Gribbon for persevering in the conditions after your mates abandoned you 😊.

Well done to the following swimmers:

- 1st - Alice Harwood
- 2nd - Harlan Mullins

- 3rd - Cooper Howard

We also had a reasonable turn-out for the long-run and sprints. Mark Sweeney has definitely been training since his last attempt as he blitzed the field, it's okay I have fixed your handicap now. It was also nice to see Zac Coleman back from Canberra and to see he has not lost any form:

Long-run

- 1st - Mark Sweeney
- 2nd - Callum Hawkins
- 3rd - Janet Stephenson

Sprints

- 1st - Zac Coleman
- 2nd - Callum Hawkins
- 3rd - Cooper Howard

Next weekend we will have our usual point swim, run and sprints and I look forward to seeing you on the beach.

Tanya Channell

Tanya Channell | Race Secretary

(E): racesecretary@scarboro.com.au

GYM NEWS – Chantal Waters

Our much anticipated new gym equipment is slowly starting to creep into our gym, and I'm so pleased that the response and feedback from people so far has been super positive! Thank you to everyone for bearing with me as things are changing and moving around! With the arrival of our new combo lat pull down/ seated row machine, our older ones have reached retirement...if you know of anyone wanting to invest in older, but still functioning lat pull down and seated row please get in touch with me!



The **final gym induction** for 2020 is this **Sunday 20th December at 09:30am**. Please meet out the front of the training room!

Have a great Christmas and New Year everyone! Stay safe! 😊

Chantal Waters

Chantal Waters | Gym Officer

(E): gymofficer@scarboro.com.au



STARFISH NIPPERS – Ali Nielsen

★ Starfish Nippers ★



Last Sunday saw the launch of the 2020/2021 **Starfish Nipper** Season, with our Meet and Greet day. The day began with a welcome BBQ for the volunteers which provided them with the opportunity to get to know one another.

Due to the overwhelming response we have had to out-source volunteers from other clubs and organisations, including our amazing Sponsors for the program - **Rocky Bay!**

The Volunteers were given a brief of the program, and the key components in order to ensure the success of running the Starfish Nippers for another season. We had the opportunity to discuss with one another, how we can make the program bigger and better for the 2020/2021 season. We then had the privilege of having a PD session run by the amazing therapists at Rocky Bay. The PD session provided the volunteers with the opportunity to gain insightful knowledge into the following key areas:

- Visuals
- Sensory
- Communication
- Transferring and mobility

I would also like to give a massive thank you to Mark Irwin and Karen Kaddy who also came along to the meet and greet day, your support for the program is forever honoured.

Our first day on the beach is Sunday the 10th of January 2021, and I can't wait to see everyone then!

Ali Nielsen

Ali Nielsen | Starfish Nippers

(E): starfishnippers@scarboro.com.au

