



Scarboro Surf Life Saving Club

"ECHO" CLUB NEWSLETTER

PRESIDENT'S PEN – Jody Ballard

Last weekend saw another round of surf sports as our merry caravan of female surf boat crews headed south to Coogee for a boat carnival under the watchful eye of our Boat Captain, Dave Irwin. Sadly our male crews didn't join in the racing, we hope to see them back competing soon.

With barely any time to blink, we will be back competing again this weekend with a Youth and Open team in the Surf League up at Trigg this Saturday from 8:30am if you are in the area then drop in and cheer them on.

We have recently commenced as a containers for change participant, with a dedicated bin located inside the gear sheds. This initiative is an easy opportunity for members, their friends and families to support the Club through donating eligible drinks containers with the Club receiving the full 10c back directly into our account.

Next Friday will see our first Woodside Nipper social night with a pizza and movie night at the Club. This is a ticketed event for the evening so make sure you secure yours in advance as we still have capacity limitations on the Club and it will sell out given we have over 300 Woodside Nippers already this season.

As December approaches we are in the final few Sunday's for our members to requal their Bronze and SRC, don't delay and get yourself down to one soon.

See you down the beach on Sunday

Jody Ballard

JODY BALLARD | President

(E): president@scarboro.com.au (M): 0450 307 936

ECHO Edition # 678

12/11/2020

CLUB OFFICE HOURS:

Administration:

Mon-Thur: 9.15am to 2.15pm

Friday: Closed

E: adminofficer@scarboro.com.au

Functions:

Wed & Thur: 8.30am – 5:00pm

Friday: 1.30pm – 5:30pm

Functions: Functions@scarboro.com.au

BAR OPEN – Every Friday Evening

Friday: 5:00pm to ±9:30pm

Office Telephone # : 9341 1011

Club Website :

<http://www.scarboro.com.au/>

UPCOMING EVENTS

NOVEMBER:

- Saturday 14th: Surf League Rnd1 – Trigg
- Sunday 22nd: Senior Carnival (inc boats) Secret Harbour
- Sunday 29th: Ironman/Relay City Beach
- Sunday 29th: Nipper Development Carnival U/10-U/15 Alkimos & Coogee

DECEMBER:

- Saturday 5th: Surf League Rnd #2 Nth Scarborough
- Sunday 6th: Surf Boat Carnival Scarborough
- Saturday 12th: Senior Carnival Sorrento
- Sunday 13th: Nipper Carnival 1 Sorrento

Surf Sports Director – Dana de Bondt



We are very excited to be entering a Youth and Open team into Surf League this Saturday, 14th of November at Trigg Island SLSC.

If you are free, please come down to support our competitors – 8:30am for Youth, and 10:30am for Open.

Youth – Scarborough Sharks	Open - Scarborough Seagulls
Gemma Ethridge (Captain)	Ben Johnson (Captain)
Austin Aggiss	Aldo de Rooster
Cooper Howard	Grant Stephenson
Joel Horton	Tom Horton
Aiden Somers	Kayla Ryan
Morgan Knox	Jane Harwood
Asha Huggins	Ali Nielsen
Hayley Hyde	Dana de Bondt

The next event will be held at Scarborough on Saturday 5th of December, with a Surf boat Carnival the following day on Sunday the 6th.

Dana de Bondt

Dana de Bondt | Surf Sports Director

(E): surfsportsdirector@scarboro.com.au

Swim Board Iron – Warren Jones

All the best to the U17 and Open Surf League teams competing at Trigg this Saturday.

- The first carnival of the year is next **Sunday 22nd November at Secret Harbour:**
- 2km beach run at 7:15am
- March past 7:45am
- Beach and water events from 8am

It's time to organise teams with your friends and we'd like to get as many competitors along to make up the board, Taplin and Cameron relays. Please contact me by **Tuesday 17th November** so I can put your entry in. If you need a lift or help getting craft to the carnival just drop me a line.

Competition fees are now due and they are subsidised by the club, \$50 for all carnivals excluding State Championship events.

Training continues at the Club:

- Tues – Iron
- Wed, Fri - board 6am
- Sunday - board 8am

Warren Jones

Warren Jones | Water Captain

(E): watercaptain@scarboro.com.au

Matt Ewart – Bar Manager barmanager@scarboro.com.au

Friday, 13 th November 2020	Belinda Kuster Elisabeth Goddard	Patrick Finnegan
Friday 20 th November 2020	Bob Welch	Carl Van Heeren
Friday 27 th November 2020	Tomo	Mark Burgess
Friday 4 th December 2020	Chris Dickson Roy Thompson	Marty Gribbon
Friday 11 th December 2020	Belinda Kuster	Jackie Foster
Friday 18 th December 2020	Grant Stephenson	Justin Coe

Hi All,

Please see above the Bar roster through until our Christmas break. If you cannot attend your roster please reach out to fellow volunteers for a swap, or let me know on the email below.

Thank you for volunteering your precious time and supporting the Club!!

Matthew Ewart

MATTHEW EWART | Bar Manager

(E): BarManager@scarboro.com.au

Patrol Officer - TC

Those members that have submitted Parking Permits, these can be collected and signed for from TC

Day	Start Time	Finish Time	Patrol Team
Saturday AM	8.30am	1.00pm	Team 10 – Shane Power
Saturday PM	12.45am	5.30pm	Team 9 – Peter Stevens
Sunday AM	8.30am	1.00pm	Team 12 – Belinda Kuster
Sunday PM	12.45pm	5.30pm	Team 7 – Angus McMillan

If you are unable to make your patrol, please contact your Patrol Captain.

If you require patrol uniform, please see TC prior to the start of your patrol.

You may request a "PROXY" on our Facebook page: <https://www.facebook.com/groups/2000056123611364>

See you over the weekend.

TC

Terrance Colby | Patrol Officer

(E): patrolofficer@scarboro.com.au

RACE SECRETARY ~ Tanya Channell

What perfect conditions we had for the Kikiros Marathon! Although we only had a small field of 7 complete the swim and run, those who competed had fun (after the legs stopped burning). The smile on Ben Johnson's face as he crossed the line without even puffing was brilliant. Well done Ben!

- **1st & fastest time:** Ben Johnson
- **2nd** Callum Hawkins
- **3rd** Bob Welch

Well done to everyone who competed and I look forward to seeing a bigger turnout next year. Also thanks to Rosie for a great job on the time keeping!

We also had the normal swim but no times were recorded. Everyone who swam gets a point so well done all, especially to the 34 under 14's who participated.

Next week we will be back to the normal swim and run events. I have arranged a separate recorder for the under 14's, so I don't get writer's cramp. There will also be a special guest appearance by **Brian Hall** as I will be away, so I hope everyone is kind to him as I have done the handicaps 😊.

See you on the beach!

Tanya Channel

Tanya Channel | Race Secretary

(E): racesecretary@scarboro.com.au

Boatie News – Dave Irwin

Surf Boats have got off to a fantastic start with 9 confirmed crews already in training. Our aim is to be competitive in every division this season and we will continue to develop new age group crews as rowers become available. We are specifically looking for 19 - 23 year old males and females who love physical sports, waves, and team work – find us in the boat shed!

Last Sunday was the first Surf Boat Carnival over normal distance, we sent 5 crews down to Coogee to compete.

Our Open women (Sunsets), Reserve women (Shadows, Storm, Stingrays), U19 women (Surfettes). They were joined by a new development crew of U19 women and everyone appreciated them coming down to support and belong to the team.

The Sunsets rowed strongly in the A final to secure 4th place in a very tight race for all crews. Our U19 girls rowed well in their final for 2nd place. The Shadows rowed well all day and dominated the B final to take 1st place. The Surfettes also made the B final. The Stingrays and Storm had some good racing and will improve over the next few carnivals.

Race of the day would have to be the Surfettes facing off against the Storm, and I'm sure there were some bragging rights earned for the young crew. Our development crew also got a taste of rowing by jumping in the boat for a novice short course race, and we look forward to seeing them continue their rowing.

Its only just over a week till the next race at Secret Harbour. Hopefully, a couple of men's crews will join the females. We are hoping for some surf and plan on taking a bigger circus tent. Spectators welcome to come down and support the rowers.

This Sunday 8am will see **All Boaties** complete their proficiencies. We will also clarify the patrol obligations regarding competing at state titles etc. Training will be beforehand at 7am.

See you all on the weekend.

Mark and Dave Irwin

Dave Irwin

Dave Irwin | Boat Captain

(E): boatcaptain@scarboro.com.au

EDUCATION OFFICER – Belinda Kuster

Time is running out! Make sure you make one of the remaining requal dates available:

NOVEMBER & DECEMBER 2020 meeting in the Training Room – Beach Level @ 8:00am

- Sunday 15 November 0800
- Sunday 22 November 0800
- Sunday 29 November 0800
- Sunday 6 December 0800

REGISTER YOUR INTEREST TO DO THE DECEMBER RAPID SRC COURSE – MON 21 – THU 24 DECEMBER.

This is a rapid course for all U14/U15 who don't yet have their SRC and wish to patrol or compete this season. Each candidate **MUST** have completed the online learning prior to commencing the course.

The course will run from 0900-1500 Mon – Wed with assessment on Thu.

THE SILVER MEDALLION COURSE HAS BEEN RE-SCHEDULED DUE TO LOW REGISTRATION NUMBERS. REGISTER YOUR INTEREST FOR THE UPCOMING SILVER MEDALLION BEACH MANAGEMENT COURSE:
Sat 9 and Sat 16 JANUARY 2021 1-5pm each session.

Prerequisites for this course:

- You must be 18 years old
- You must hold a valid Bronze Medallion
- You must have been an active patrolling member for a minimum of 3 years

REGISTER YOUR INTEREST FOR THE JANUARY 2021 BRONZE MEDALLION COURSE:

- The next Bronze course will kick off on 6 January in the pool at 0730 for the proficiency swim and induction, then run every-:
- Wednesday night 7:00pm – 9:00pm
- Saturday morning 7:30am to 10:00am

This above session will run until assessment on 24 Feb for wet and 27 Feb for dry.

Enquiries for all courses and expressions of interest to educationofficer@scarboro.com.au

Belinda Kuster

BELINDA KUSTER | Education Officer

(E): educationofficer@scarboro.com.au

IRB Update – Emily Regan

Proficiencies

We will be running IRBD & IRBC Proficiencies on the days listed below:

- Saturday 21st November @ 7.30 - 9am
- Sunday 22nd November @ 7.30 - 9am
- Saturday 28th November @ 7.30-9am

Please email your preferred date through to IRBOfficer@scarboro.com.au to secure your spot.

Emily Regan

Emily Regan | IRB Officer

(E): irbofficer@scarboro.com.au

Youth Group U/14 – Nicole Tolev & Belinda Somers

Under 14 Youth Update and Special Acknowledgement of our latest SRC graduates

Huge congratulations to this awesome (and very photogenic) group of fantastic lifesavers. These are the second group of under 14 SRC recipients of the season. They have completed the course and passed the assessment, received their uniforms from the patrol uniform fashionista TC, and are keen to hit the beach on patrols. Families (including surf club family) are very proud of their dedication, knowledge, skills, and talents. They are to be acknowledged and highly commended.

Well done to ...

Anna Graydon
Charlette Croxford
Cristo Aggiss
Joel Sherlock
Joseph Stephens
Harper Gamble
Tyson Hinkley
Jacinta Douglas

Thank you to Belinda Kuster
for your ongoing support. We
look forward to our next
group.



Special mention to Charlette Croxford...who is in this group, and also our first Youth Pathways qualified Youth AGM... coming to an age group near you soon. Top job! You are an inspiration to us all.

After the photo shoot these guys joined their buddies on the beach.

Last Sunday saw a whole group of u14s join Warren at 8am for board training (all welcome if you are not up at the club with Wayne and his strength / conditioning session or having a little sleep in) then after this, the really hard work kicks in. The under 14s have been learning serious (and sometimes not so serious) board skills. Giant thanks Richard and Pete, your knowledge and skills are appreciated. This was combined with signals and other rescue operations. It was so heartening to see the group catching sensational waves ... and then when it went a little awry ... helping each other and vividly describing the carnage.

Then we swim!! The group joins the club swim and somehow drag themselves, each other and Age Group Managers around the cans. Swimming is such an important part of surf lifesaving and it is so good to see this youth rejuvenation of the club swim. (Sorry Tanya for the extra paperwork... we do compensate for this with the humor value!) I am personally teaching the group to complain about their handicap, politely trash talk their best mate, talk around the cans and dispute the swim course length whilst smiling and loving it! They are quick learners.

And then we run!!! Some fast ... some not so fast (and some off to the pontoon) but we run!!!

Please everyone...check TeamApp, check your emails. There is so much happening for you guys and you need to choose the bits that suit you ...

We have a carnival coming up and we are focusing on teams !!!

Check your emails about the Youth Pathways opportunities and we are truly trying to sort the camp details.

And I sign off today ... sacking myself as writer (promoting myself to U14 editor) and looking for some of those incredibly talented under 14s to take over the ECHO writing role as a one off, collaboratively... however you want. See me on the beach with your ideas.

Woodside Nipper News – Chenoa Wright

There was little bit of swell Sunday morning however the nippers still had a great time. This Sunday will be the parents turn out in the water, completing their Nipper Rescue Certificate while the kids get to watch on. Please remember to RSVP your attendance on the TEAM App. An email will be coming through with instruction on how to download the app this week. Just a reminder to look for **Scarboro** not Scarborough Surf Club.

To our new BBQ supervisor Christine, thank you very much, the morning ran like clockwork and we greatly appreciate you helping to organise the volunteers and setup each week.

Junior Development Beach Training – Sprints, Relays, Flags and Long Distance

What a fantastic turn out we had on Sunday morning! It was so nice to see so many parents down early with the kids burning off some energy at 8am.

Coach Kathy was amazing, teaching the kids some running techniques while having a lot of fun. We are very fortunate to have such great training venues nearby with the grass terraces/stairs/grass hill/Brighton park and of course the amphitheatre.



Don't forget we also have running training on a Tuesday afternoon at 4.30pm.

We had a small crew join Kathy on Tuesday afternoon for training in some blustery conditions. The children ran on the amphitheatre grass terraces this week, working on technique and fitness. With such good training options nearby that cater for various training activities, inclement weather options and grading for age and abilities, Kathy will have all the kids running with high knees and fast arms in no time.

Please come along to these sessions with your **running shoes**, as we might run on the grass, your water bottle, and a towel (a true Beachie uses this to stretch on...not to dry themselves after a swim...).

Pizza Night

Don't forget to book your tickets for the Nipper Pizza and Movie night on the 20 November, as places are limited. Pizza's are being ordered through General Public Co with the movie TBC. Tickets are \$10 each per family member. Book now - <https://www.trybooking.com/BMOYK>. It is sure to be a very entertaining night for the kids and families.



Nipper BBQ Duties

BBQ Roster this week: (15/11/20)

1. Tom Randolph (Under 9's)
2. Jennifer Curtin (Under 8's)
3. Mike Brain (Under 10's)
4. Rebecca de Beer (Under 8's & Under 11's)

BBQ Roster next week (22/11/20) **Under 8's**

1. Cary Wood
2. Deirdre Stack
3. Wendy Chen
4. Marki Eastwood



Parents Nipper Rescue Certificate

Its finally here! The Nipper Rescue Certificate qualification is on the 15 November..... Parents who have already qualified and need to re-qualify can arrive at 8.30am on the grass in front of the Surf Club.

If you have not previously obtained your NRC, you need to meet at **7.20am** in front of the Surf Club to complete a more comprehensive qualification. On the plus side, next year you get to do the shorter course as you will be a full bottle of knowledge.

*Please remember to RSVP on the TEAM app. Information will be sent out this week on how to join up.

Dates to Remember

15 November – Parents water safety certificate course - NRC

20 November - Nipper Social Get Together and Family Pizza Night in the SunSet Terrace

21 November – Surf Swimming Squad commences at Sorrento Shark Nets (U10's – U13's)

29 November - Sunsmart Nipper Development Carnival - Alkimos & Coogee Beach (U10-U13)

Chenoa Wright

Chenoa Wright | Junior Communications Officer

(E): juniormunicationsofficer@scarboro.com.au