



Scarboro Surf Life Saving Club

“ECHO” CLUB NEWSLETTER

PRESIDENT'S PEN – Jody Ballard

Sunday saw the return of our Woodside Nippers with over 300 hitting the pool for their proficiencies and then the beach for a morning of fun in what turned out to be stunning weather and great ocean conditions. The sausage sizzle was a little chaotic for week one, but we are refining the process to make things smoother going forward.

This weekend is looking like another good one for the beach with our IRB Racing Team heading to Fremantle SLSC on Saturday for their much-delayed IRB State Titles. Nine teams from Scarboro will be racing in what looks to be some fast conditions, with the first race at 8am I will be heading down to support the team and encourage our members to do so too.

Sunday morning is also looking like another great beach weekend for us and for those who fancy a slightly longer swim we will have round #1 of the RJ Elliott Trophy with a 400m swim, followed by round #2 next Sunday with an 800m swim!

“We are nothing without our volunteers” and never more so than now with the Club back in full swing. If you can lend a hand turning sausages, doing water safety in an IRB for Sunday activities, help out in the canteen, bar or uniform shop then please step forward.

In the words of the great prophet Dr. Seuss “Unless someone like you cares a whole awful lot, nothing is going to get better. It's not.”

Good luck to our IRB Racing Team on Saturday and also to Angus our Beach Operations Director who has his interview for SLSA Lifesaver of the Year right before he races at IRB States!

See you down Freo Saturday and Scarboro on Sunday

Jody Ballard

JODY BALLARD | President

(E): president@scarboro.com.au (M): 0450 307 936

ECHO Edition # 675

22/10/2020

CLUB OFFICE HOURS:

Administration:

Mon-Thur: 9.15am to 2.15pm

Friday: Closed

E: adminofficer@scarboro.com.au

Functions:

Wed & Thur: 8.30am – 5:00pm

Friday: 1.30pm – 5:30pm

Functions: Functions@scarboro.com.au

BAR OPEN – Every Friday Evening

Friday: 5:00pm to ±9:30pm

Office Telephone # : 9341 1011

Club Website :

<http://www.scarboro.com.au/>

SAVE THE DATE

SLSA NATIONAL

AWARDS

OF

EXCELLENCE

7 NOVEMBER 2020

Join us at the Club as we watch the live broadcast and find out if we are SLSA Club of the Year for 2020!

Time is running out! Make sure you make one of the remaining requal dates available:

OCTOBER 2020 meeting in the Training Room – Beach Level @ 8:00am

- Sunday 25 October 0800

NOVEMBER & DECEMBER 2020 meeting in the Training Room – Beach Level @ 8:00am

- Sunday 1 November 0800
- Sunday 8 November 0800
- Sunday 15 November 0800
- Sunday 22 November 0800
- Sunday 29 November 0800
- Sunday 6 December 0800

REGISTER YOUR INTEREST TO DO THE DECEMBER RAPID SRC COURSE – MON 21 – THU 24 DECEMBER.

This is a rapid course for all U14/U15 who don't yet have their SRC and wish to patrol or compete this season. Each candidate **MUST** have completed the online learning prior to commencing the course. The course will run from 0900-1500 Mon – Wed with assessment on Thu.

THE SILVER MEDALLION COURSE HAS BEEN RE-SCHEDULED DUE TO LOW REGISTRATION NUMBERS. REGISTER YOUR INTEREST FOR THE UPCOMING SILVER MEDALLION BEACH MANAGEMENT COURSE:

Sat 9 and Sat 16 JANUARY 2021 1-5pm each session.

Prerequisites for this course:

- You must be 18 years old
- You must hold a valid Bronze Medallion
- You must have been an active patrolling member for a minimum of 3 years

REGISTER YOUR INTEREST FOR THE ART (AID) COURSE SUNDAY 25 OCTOBER – 1-4PM

This course is more important than ever this year under our new COVID-19 conditions where breaths are not advised in resuscitation. The ART holder will be a vital member of the patrol team and provide emergency oxygen to patients in need of resuscitation.

REGISTER YOUR INTEREST FOR THE JANUARY 2021 BRONZE MEDALLION COURSE:

- The next Bronze course will kick off on 6 January in the pool at 0730 for the proficiency swim and induction, then run every-:
 - Wednesday night 7:00pm – 9:00pm
 - Saturday morning 7:30am to 10:00am
- This above session will run until assessment on 24 Feb for wet and 27 Feb for dry.

Enquiries for all courses and expressions of interest to educationofficer@scarboro.com.au

Belinda Kuster

BELINDA KUSTER | Education Officer

(E): educationofficer@scarboro.com.au

March Past News – Brian Hall

March Past Meeting

There will be a March Past meeting after the swim this **Sunday (25th October)** on the lawned area.

It has been suggested that training should be held on **Friday evenings** between **5:30pm and 6pm** to allow for socialising afterwards.

Brian Hall

BRIAN HALL | March Past

Swim Board Iron – Warren Jones watercaptain@scarboro.com.au

The **Endurance State Championships** are **Saturday 31st October** starting **7am** with the **4km beach run** and **U17 Ironperson** at **7:30am**. The full program is on the mybeach.com.au website and competitors need to do their own entries via the website. Entries close midnight Wed 29th. Please contact me if you have any difficulties.

Ironman training

- 6-7am Tuesdays
- board training with Chris Kuster, Wednesdays and Fridays on the water 6-7am
- Sundays 8-9am all at the club.

Everyone is welcome.

Warren Jones

Warren Jones | Swim, Board, Iron

(E): watercatain@scarboro.com.au

Junior Water Safety ~ Simon Rushton

WATER SAFETY FOR SUNDAY CLUB ACTIVITIES

Commencing from this coming Sunday, 25 October 2020, the Club will have a dedicated IRB that provides water safety for Club activities on Sunday mornings.

Each Sunday through the season, a driver and crew will be required from 8.15 am to 11.00 am to lay a swim line and/or buoys for the nipper's water arena (actual water arena set up will be dependent upon conditions), to provide water safety for all Club based activities from 8.30 am until approximately 10.30 am, and then pick up the swim line and/or buoys and bring them back to the beach. There will be a working party to unpack the gear trailer in the morning and to pack the trailer afterwards.

The Club is calling for a volunteers to fulfil this role. Each driver and crew will be permitted to sign on to Patrol on the Sunday morning with the hours spent undertaking water arena setup and water safety counting towards Patrol Hours.

The Club will run an introduction session for water arena set up as well as general water safety operation this Sunday 25 October 2020 as well as next Sunday, 1 November 2020 commencing at 8.00am. We encourage all those drivers

and crews who are interested in helping out to please attend and add your name and telephone number to the Club Water Safety contact list.

Rather than a formal roster, the Club will send out a text message each Thursday to everyone on the Club Water Safety contact list calling for driver and crew volunteers for the coming Sunday's Club day.

This is a great way to learn more skills, and will enable you to help out when the Club has to provide water safety for carnivals to ensure we have the right number of officials/water safety personnel. This will allow all our competitors to compete. It is also a fun way to be more involved with Club water activities, even if you don't swim, paddle a board or ski or row a boat!

Those interested in volunteering but who cannot attend this Sunday morning can also contact Simon Rushton on 0438 942 693 to be added to the Club Water Safety list.

Simon Rushton

SIMON RUSHTON | Junior Water Safety

(M): [0438 942 693](tel:0438942693)

SUNSET TERRACE | BAR Roster – Matt Ewart barmanager@scarboro.com.au

Friday, 23rd October 2020	Mick Morrissey	Jackie Foster
Friday, 30th October 2020	Narelle Darch	Justin Coe
Friday, 6th November 2020	Chris Dickson Jeff Young	Marty Gribbon Roy Thompson
Friday, 13th November 2020	Belinda Kuster	Patrick Finnegan
Friday 20th November 2020	Mark Burgess	Carl Van Heeren
Friday 27th November 2020	Tomo	Bob Welch
Friday 4th December 2020	Chris Dickson Roy Thompson	Marty Gribbon
Friday 11th December 2020	Elisabeth Goddard	Jackie Foster
Friday 18th December 2020	Grant Stephenson	Justin Coe

Hi All,

Please see above the Bar roster through until our Christmas break. If you cannot attend your rostered please reach out to fellow volunteers for a swap or let me know on the email below.

Thank you for volunteering your precious time and supporting the Club!!

Matthew Ewart

MATTHEW EWART | Bar Manager

(E): BarManager@scarboro.com.au



Patrol Officer - TC patrolofficer@scarboro.com.au

Day	Start Time	Finish Time	Patrol Team
Saturday AM	08:30am	12:30pm	Team 13
Saturday PM	12:15pm	4:30pm	Team 14
Sunday AM	08:30am	12:30pm	Team 15
Sunday PM	12:15pm	4:30pm	Team 16

Those members that have submitted Parking Permits, these can be collected and signed for from TC on patrol. If you require patrol uniform, please see TC prior to the start of your patrol. If you are unable to make your patrol, please contact your Patrol Captain.

You may request a "PROXY" on our Facebook page: <https://www.facebook.com/groups/2000056123611364>

See you over the weekend.

TC

Terrance Colby | Patrol Officer

(E): patrolofficer@scarboro.com.au

RACE SECRETARY ~ Tanya Channell racesecretary@scarboro.com.au

In amazing conditions on Sunday we had a small but dedicated group of swimmers with a turnout of 28. Thanks to Mike Cake who got extra resistance training by paddling the buoys out just as the jet ski arrived to do it for me. Thanks Mike, I have fixed your handicap for next week 😊

Brian Hall showed he has swum himself back into form with a strong swim followed closely by **Tom Edrich** and **Michele** (who said boaties can't swim) **Bistrup**, well done guys. The flat water and slight wave did not help the back markers, but they will all have their day next week I am sure. Nice to see some of the Lifeguards come and join us for a special appearance too. Speaking of special appearances, my highly anticipated Executive's appearance did not come to fruition, maybe next week....Speaking of next week, we will be having the 1st heat of the **RJ Elliott Trophy**, I hope the conditions are as good as they were this week.

The **RJ Elliott Trophy** is named in honour of Robert John Elliott (aka Pop) and his son Raymond Elliott, founding members of Scarborough SLSC. Both were awarded Life Membership in 1940. It is conducted over 2 heats, one of 400 metres and one of 800 metres, there are trophies for first on handicap and fastest time. Next week is the 1st heat being the 400 metres swim and the week after will be the 2nd heat of 800 metres.

We had a decidedly male turnout for the runs this week and our summer obstacle course was back with the Woodside Nippers returning to the beach, results were:

Long-run

1st Ben Johnson

2nd Robert Johnson

3rd Stephane Dellac

See you all on the beach.

Sprints

1st Jose Desfosses

2nd Stephan Dellac

3rd Ben Johnson

Tanya Channell

TANYA CHANNELL | Race Secretary | Scarborough SLSC 2020|21

(E): racesecretary@scarboro.com.au

Youthie Cadets – Belinda Somers - Nicole Tolev

What a fantastic turnout at the beach on the first Sunday morning for the 2020/21 season. New and returning members managed to get together and enjoy the season opener in amongst the massive turnout of members on the beach. It is really great to see our numbers growing and we loved meeting new people and catching up with old ones. Thank you to our Club President Jody for organising such glorious conditions in and out of the water.

Under 14s started with a quick welcome from Belinda and then MickyG. In that instance we recruited Pete and Richard, threw a youth crew shirt on them and kept them captive helping the group out for another season. (Thanks guys, your help is truly appreciated by the team!) After a quick splash in the pool we moved down for a meeting in the 'board room' where we were introduced to board etiquette and grabbed the fabulous new and less new soft style bigger boards for a quick paddle and wave session. It was so lovely to watch everyone getting into it, on boards, catching waves, learning a bit of technique, laughing, swimming, chatting, making new friends.

Next week?

See you all at 8.30 ready to go. We will have some fun activity first, then the club swim at 9.30. Remember, if you want to attend board training with Warren at 8.... be there by 8 ready to start. You may also want to join in with other club events, board race at 9, long run after the swim. Check on TeamApp or emails from Belinda for details. You can move in and out of our group as you want, we will be there ready to assist as we can.

See you on the beach.

Belinda and Nicole

Belinda Somers – Nicole Tolev



Gym Officer – Chantal Waters gymofficer@scarboro.com.au

Sunday 25th October (this Sunday) I will be running a Gym Induction at **9.30am**. Please arrive on time, or earlier, so we can get underway.

It would also be a good time to let me know if you are having access FobBand issues.

See you at the Gym.

Chantal Waters

Chantal Waters | Gym Officer | (E):gymofficer@scarboro.com.au

Pool Captain – Nicole Tolev poolcaptain@scarboro.com.au

Get your Pool Lifesaving groove on!

We have one carnival.
We have one training session.

Couldn't get better than that...

We are training this Saturday 24th October from 12.45 to 2pm at Scarborough Beach Pool.

You will be introduced to events or, for our experienced members, you will have a space and equipment to practice your skills. I would love to see you all there.

The carnival is the following week. It is for beginners through to experts, from under 11 to open and masters. Please see these details from the event organiser.

Don't miss out on our the latest in our series of spring pool lifesaving carnivals!

Happening Saturday 31st October from 2 - 4.45pm at HBF Stadium Mount Claremont.

Hosted by West Life Saving Club and Royal Life Saving Society WA, the event is open to Under 11's through to open age athletes.

Local Surf Life Saving, Swimming and Pool Life Saving Clubs and individuals are invited to enter!

Find out more and register here: <https://bit.ly/3nlpXUX>

Please email me with any questions.

Nicole Tolev

Nicole Tolev | Pool Captain | Scarboro SLSC 2020 | 21

(E): poolcaptain@scarboro.com.au

IRB Update – Emily Regan irbofficer@scarboro.com.au

IRB State Championships + After Party

This weekend we will see the close of the 2020/21 IRB Racing season with the State Championships at Leighton Beach. The races will commence at 8am with the tube events and conclude at finals with the relay which combines all individual race events. The team would love to see the support from Scarboro members in their Green, Black & Gold!

Once the racing has concluded, the club has opened the function room to host the After Party & the AFL Grand Final. Numbers are limited due to Covid restrictions, so please ensure you get in early to secure your spot. This should be a fantastic evening and a night for celebrations!

I would like to wish the team the best of luck this weekend and I can't wait to watch them show the other clubs how it's done!

2020/21 IRB Competitors:

Coach: Reece Vogels

Manager: Tomo



Assistant Manager: Sonia Allin

Adam Watts	Thomas Horton	Ella McCullagh	Jacinta Waters
Angus McMillan	Henry Irwin	Lucie Jones	Taniesha Lincoln
Shane O'Driscoll Black	Natti McBain	Jessica Cake	Mackenzie Allin
Luke Laycock	Sam Horton	Ali Nielsen	Annie Kinsella
Liam Bates	Kye Bostwick	Hollie Sheils-Rudd	Chantal Waters

Proficiencies

We will be running IRBD & IRBC Proficiencies on the days listed below:

- Saturday 21st November @ 7.30 - 9am
- Sunday 22nd November @ 7.30 - 9am
- Saturday 28th November @ 7.30 - 9am

Please email your preferred date through to IRBOfficer@scarboro.com.au to secure your spot.

Emily Regan

Emily Regan | IRB Captain | Scarboro SLSC

(E): irbofficer@scarboro.com.au

Canteen & S/Sizzle News – Janet Hall

Thank you so much to our wonderful volunteers who worked so hard on Sunday cooking sausages, making coffee or serving in the canteen, and also to our grateful and patient customers.

However, I would like to sincerely apologise to all parents and children who missed out on their sausage sizzle on Sunday, and for the delay and confusion in being able to pay and order.

Please remember that we are all volunteers and do our best. Hopefully, we will have a more refined system in operation next week.

We will have one dedicated queue for those wishing to purchase sausage sizzles and only sell tokens for the number of sausages available.

The first sausage sizzle should be available for purchase at 11am.

We are always looking for people to help out in the canteen. It is good fun, morning tea is provided, Barista training is free, and you get to work with and meet a lot of wonderful people.

Please contact me (Janet Hall) on 0408912767 if you are interested in volunteering.

Canteen Roster Sunday 25th October

Janet Hall, Graham Croft, Leanne Papas, Leanne McLennan

Janet Hall

Janet Hall | Canteen Manager

(M): 0408 912 767

BACK WASH #3 – Janet Hall – Club Historian

Juveniles, Urchins, Rosies or Nippers

Last weekend saw the Scarborough Nippers commence their 2020/21 season with new nipper co-ordinators Graham and Kristy Jones. They have big shoes to fill after the wonderful leadership of Nicole Tolev and her crew. Good luck to Nicole and Belinda Somers who have now worked their way up to overseeing the U14 – U15 (Youthies) age group.

It wasn't that long ago (only 59 years to be exact) that in the 1961/62, The Scarborough SLSC officially recognised boys between the age of 7 – 14 years as members of the club. This group of members was known as the Juvenile Division and was instigated and managed by Doug Hatch.



Doug Hatch

Doug was, himself, a very successful surf club member. He joined the club in 1944 and gained his Bronze Medallion in 1945. He held the positions of Club Vice Captain, Boat Captain, Vice President, President. He was a very successful competitor, served on many committees and was made a Life Member of the Scarborough SLSC in 1976.

The starting of the juvenile division coincided with the opening of Beatty Park pool, and this gave our boys an ideal place to improve their swimming skills, as can be seen by the success achieved in swimming events in the early years of the juveniles.

This section of the Club has undergone many changes, including their name from Juveniles to Urchins, Rosies (name given to the youngest members, under the tutelage of Rosie D'alessandro. Incidentally, Rosie is the first female to be made a Life Member of SSLSC. Our Juvenile division is now known as the "Woodside Nippers".

Many stalwarts of the present era have either started out as Nippers (eg. Graham "Graybags" Jones, Craig "Boardies" McLure, Clint McGhie, Guils D'alessandro and Andrew Matraszek) or as parent members who have remained with the club after their children have left the club (Eg. Nick Stewart, Mick Nielson, Dave Thompson, Dave Willison. Please forgive me as I sure that I have omitted many, many names.)

I hope all Nippers and their parents enjoy the activities, the skills learned, the friendships formed, and our wonderful beach this summer.

Thank you to all those people who have given me feedback regarding my last article.

WOODSIDE NIPPERS

Last week saw the start of the Woodside Nipper program at Scarborough for the 2020/21 season.

I'd like to welcome all the nippers and their families as we get underway. There are lots of opportunities this season for children to challenge themselves and I encourage everyone to have fun and have a go.

We have a fantastic team of Age Group Managers, Coaches and crew assisting the Woodside Nipper program this year, and I'd like to thank this whole group who have assisted in preparing for the start of this season.

We hosted our drop in welcome night for pack collection last week, which streamlined our processes on Sunday. This meant we completed proficiency swims in the pool and we still had time to have some fun activities on the beach to take advantage of the beautiful conditions.

Board training on the river is underway with a great turnout of 40-45 children last week. This is a great opportunity to learn some basics in calm conditions in preparation for navigating the surf.

All the details and joining instructions for coming activities and training sessions will be communicated by email in the Woodside Nipper news email to follow and are available on Team App.

Graham Jones

Graham Jones | Junior Officer

(E): juniorofficer@scarboro.com.au