



Scarboro Surf Life Saving Club

"ECHO" CLUB NEWSLETTER

PRESIDENT'S PEN – Jody Ballard

From the President

Last Sunday morning saw a bit of excitement down on the beach despite the wild and wet weather. Having decided to cancel all club activities, including Polar Bears, due to the excessively large conditions a few hardened swimmers still decided to jump in for a refreshing dip. As two of them got swept down the gutter and into a rip a concerned member of the public opted to call 000 to report a swimmer out the back at Scarborough struggling to return to shore.

I had the pleasure of greeting concerned WA Police Officers as they arrived on site and was advised that the Water Police were on route up from Fremantle to assist them. Luckily though the pair of alarm raising Club members had returned to shore and walked back up to the Club rather sheepishly. We don't often cancel Club activities, however, when we do so it is with the safety of all our members in mind.

Comments from a few members onshore at the time made me think back to the drowning of Kathleen Gornal and her rescuers all those years ago. Although we had cancelled all Club sanctioned activities our members would likely have still gone to the aid of those two members swept out in the rip and in doing so placed their own lives at risk given the conditions on the day.

We need to be conscious that we aren't the swimmers and athletes that we were in our youth and that our physical ability decreases as we age; it also appears that there has been some saltwater corrosion between the ears over the years that has added to the aging process too!

The weather is looking good for our [Woodside Nipper registration day](#) on Sunday 23 August from 10am-2pm where we will have a fun-filled morning with lots happening around the Club. We'll have the BBQs fired up, merchandise shop open and lots happening at beach level on the Nipper Lawn, with registrations being taken in the upper building.

For existing families looking to renew before the day, avoid the queues and secure their spots, you can do so online via [scarboro.com.au/renew](#). Families are still capped at \$420 maximum representing great value for a summer of fun at the beach for the whole family

See you down the Club over the weekend.

Jody Ballard

JODY BALLARD | Club President | Scarboro Surf Lifesaving Club

(E): president@scarboro.com.au (M): 0450 307 936

ECHO Edition # 666

20th August 2020

CLUB OFFICE HOURS:

Administration:

Mon-Thur: 9.15am to 2.15pm

Friday: Closed

E: adminofficer@scarboro.com.au

Functions:

Wed & Thur: 8.30am – 5:00pm

Friday: 1.30pm – 5:30pm

Functions: Functions@scarboro.com.au

BAR OPEN – Every Friday Evening

Friday: 5:00pm to ±9:30pm

Office Telephone # : 9341 1011

Club Website :

<http://www.scarboro.com.au/>

AUGUST 2020:

23/08/20: Scarboro SLSC REGISTRATION DAY
Family Fun Activities for the whole Family New and Returning! 10am -2pm

IRB RACING

23/08/20: Round 1- Sorrento

SEPTEMBER 2020:

IRB Racing

5/09/2020: Round 2 – Scarboro

20/09/2020 Round 3 - Port Bouvard

(or Sorrento to be decided)

26+27/09/20: Lano Requal – Long Weekend

OCTOBER 2020:

WA Ironman Series 3 x Events

03/10/20: Race 1 : The Enduro @ Mullaloo 8am

17/10/20: Race 2: Triple sprint @ Trigg VIP

31/10/20: The FINAL : @ Sorrento 8am

IRB Racing

11/10/2020: Round 4 – Mullaloo

17/10/2010: Scrutineering – Scarboro

Scarboro SLSC Nipper Start Dates:

18/10/20: U8-U13 Start at 8:45am

IRB States:

24/10/20: IRB States @ Leighton Beach

AFTER Party at Scarboro SLSC Funciton Hall



Business Development Director – Marnie Glasson bdd@scarboro.com.au

Hi Everyone,

My name is Marnie and I have undertaken the role of Business Development Director for the Club. Jody has already kindly mentioned my appointment and history with the club.

I come with the right attitude and experience for the role, and I am looking forward to supporting the club as best as I can for the season.

I have two things I would like to mention:

- I am looking for a Communications Officer to work with me for the season. So I am calling out to any young members that are either, at Uni studying Comms or Business and would be keen to learn and have some experience to add to their CV.
Please email me, I would love to share my knowledge and kick some goals for the club with you.
- I am also calling out to all our business folk in the club, if you, or a business you know of is keen to drive their brand exposure locally this summer, I would love to hear from you.
We are flexible with tailoring our partnerships based on budget, involvement, and your marketing strategy.
Email me your details and I shall get in touch.

Here's to a great season and summer ahead

Marnie

SUNSET TERRACE | BAR Roster – Matt Ewart barmanager@scarboro.com.au

Friday, 21 st August 2020	Carl Van Heeron	Mark Burgess
Friday, 28 th August 2020	Elisabeth Goddard	Chas Paridis
Friday, 4 th September 2020	TBC	TBC

Hi all,

Above is the Volunteer Bar List for the next three weeks. If any members are interested in assisting behind the bar for a few hours each Friday night, please let me know. The club will reimburse your RSA Certificate costs, the course is completed online and only takes about 1½ hours to complete. Please send your expression of interest to: barmanager@scarboro.com.au

MATTHEW EWART | Bar Manager | Scarborough Surf Lifesaving Club (E): BarManager@scarboro.com.au

POLAR BEAR RESULTS ~ Brian Hall

See you this Sunday, 23rd August at Scarboro for our Polar Bear SWIM.

Everyone is welcome to come and join in the club swim on a Sunday morning starting at 10.00am.

Brian Hall

Brain Hall | Polar Bear Co-Ordinator | Scarboro Surf Lifesaving Club



U14 CADETS ~ Nicole Tolev | Belinda Somers

We had another great Saturday getting our under 14s and a couple of older members wet and then fed. The session was moved to the pool because of the weather and everyone partook in some swimming and lots of splashing. There were a couple of “serious” relays and the results were **overwhelmingly** in favour of the ladies, despite several attempts by the gentlemen to ... shall we say... “manipulate” the rules.

The coaches continue to be impressed by the important things... Luke’s ability to wear socks and slides that match his bathers, Aiden and Tyson and their obvious talent for wrestling ... anywhere, Tamara organising her team of ladies to WIN!, Lily T’s sausage eating achievements and Lily S and her lovely breaststroke capped off with her multitasking... smiling while swimming.

This weekend the format is a bit different ... please pop down to the club for Rego Day (do it online but pop down to chat!) and help out with the sausage sizzle. Plus we have an information session planned for 4.00 pm onwards at the club. All of this is explained in more detail in TeamApp.

Nicole Tolev and Belinda Somers

Nicole Tolev and Belinda Somers | U14 Cadet Co-Ordinators | Scarboro Surf Lifesaving Club



Board / Swim – Warren Jones boardcaptain@scarboro.com.au

Board training continues at Peppermint Grove Beach on Sundays at 3pm and is open to everyone. The water is shallow and calm and it's a great way to finish off the weekend. Please contact me if you need to borrow club equipment.

The sessions also cater perfectly for those interested in competing in the new **Ironman Series October 3rd, 17th, 31st** or the **Endurance State Championships on October 31st**.

Now is the time to get back in the pool for a bit of swim training in preparation for competition, and in readiness for patrols which commence in 6 weeks!

Iron training will commence Tuesday 15th September at the club. Please let me know if you are interested in attending.

Warren Jones

Warren Jones | Board & Swim Captain | Scarboro Surf Lifesaving Club

Boat Captain – David Irwin boatcaptain@scarboro.com.au

Boaties News

It's time to start getting crews in training, so it would be great to see all interested boat sweeps and rowers down in the boatshed this Sunday at 9am. Anyone who is rowing is encouraged to attend or at least ring me and let me know your intentions for the coming season.

We currently have 5 new sweeps in training on Saturday mornings. Hopefully, this Saturday we can get a few boats on the water at Matilda bay to give the sweeps more time in the boat. Anyone interested in sweeping is welcome to attend. Sweeps meet at the club at 7.30am.

As we look forward to purchasing a new boat this season, we will be moving on 2 of our oldest boats. The **Joe Kearsley** and **Janet Hall** have been sold to a southern neighbour to improve their fleet.

Many thanks to Hawkeye, Pies and Gaz for carrying out some much needed maintenance on the boat trailers and boats over the last few months to ensure our fleet is ready for action.

Remember fitness training is on with Wayne at **8am Sunday mornings**, for all boaties looking to be competitive this season.

Looking forward to a successful season.

David Irwin

David Irwin | Boat Captain | Scarboro Surf Lifesaving Club

SO we are back from Hibernation!

Starting this **Sunday, 23rd August** we have Beginner Ski Paddling Sessions, **3pm at Peppermint Grove Beach** on the Esplanade near the Royal Freshwater Bay Yacht Club.

This will run alongside Board training with Warren and his crew.

It is a terrific safe river venue to try Surf Skis for the first time, or to wash the dust off of your neglected Ski from the club. If you have ever been Ski curious this is the time and place to come and try a great discipline of the Surf Lifesaving scene. No pressure, and I will be on hand to offer advice and encouragement.

The trailer will be loaded around 2.30 Sunday at the Club, so if you would like your ski to be on it, please let me know.

In addition to the club plastics, we will be bringing some of the club skis we are hoping to sell. These will be available to try on Sunday and are available at incredibly cheap prices. We just want them sold so make us an offer!

Finally, Surf Safety Australia currently has a really good deal going on **SLSWA approved Personal Flotation Devices (PFDs) for only \$50**. If you are planning on hitting the swells this coming season or doing the Friday night paddle backs from City Beach, these are great for your, (and our), peace of mind.

See attached info sheet for ordering info.

Grant Stephenson

Grant Stephenson | Ski Captain | Scarborough Surf Lifesaving Club

L25 Ultra Light PFD

- Approved for use during SLSA carnivals & surf club training.
- Australian Standard AS 4758.1
- Ideal for ski paddlers training in heavy surf.



Size Chart

	Extra Small	Small	Medium	Large	Extra Large	2XL	3XL
Chest Size	80	85	90	95-100	105-110	110 - 115	115+

Price – Special Offer while stocks last.

- \$50.00 ex GST each
- \$10.00 freight when ordering a single jacket.

Payment

BANK TRANSFER

Bendigo Bank

Account Name: **Peter & Catherine Hurst**

BSB 633000 Acct No. 151779386

Surf Safety Australia

Mobile: 0416 243271

Email: info@surfsafetyaustralia.com.au

Web: www.surfsafetyaustralia.com.au

WOODSIDE NIPPER & MEMBER REGISTRATION DAY: 23/08/2020



THE WEEKEND TRADITION

WOODSIDE NIPPERS

Woodside Nippers is a great way for kids to get outside, make new friends, gain water confidence and develop vital surf skills.



Every nipper receives a
FREE Woodside Nippers pack

Find out more at
nipperswa.com.au



SCARBORO SLSC Registration Day:
Sunday, 23 August 2020, (10am - 2pm)

All age groups welcome inc: U6-U13, Cadets/Youthies, Open & Masters - join as a family and reap the benefits.
Activities all day: Bouncy Castles, Army Obstacle Course, Sausage Sizzle & Uniform shop open!

~ SURF SPORT ~ WA Ironman Series October

WA IRONMAN SERIES | Registrations now open -

A new series taking place over three rounds in October. More information and to register can be found [here](#).

A new WA Ironman Series, set to hit beaches this October, will see WA's top open and youth athletes battle it out for series honours.

The 3 round series, to be held throughout October, will test the athlete's surf skills and versatility as they take on the Enduro, Sprint and M-course events.

Categories

- Open male and female (U/17 to Open)
- Youth male and female (14's & 15's)

Prizes: The top 3 series athletes from each category will win an Engine prize pack.

The Open male and female series winners will receive a wild card into the Shaw and Partners Ironman Classic – 25th November, City Beach.

Entry Fees: Series entry fee (3 rounds) \$50; or \$20 per round.

*Please note that race distances and formats are subject to change as a result of weather and surf conditions on the day.

ACE 1 – THE ENDURO @ Venue: Mullaloo

Date/Time: Saturday, 3 October 2020 @ 8.00am

RACE 2 – TRIPLE SPRINT @ Venue: Trigg Island

Date/Time: Saturday, 17 October 2020 @ 8.00am

RACE 3 – FINAL @ Venue: Sorrento

Date/Time: Saturday, 31 October 2020 @ 8.00am

For further information, contact SLSWA's High Performance Officer, [Andrew Mosel](#).

Are you Interested in becoming a lifeguard for the: 2020|21 Season?



Become a Lifeguard

The City of Stirling's Beach Lifeguards perform over 550 water rescues, 800 first aid treatments and 23,000 preventative actions each year.

Become a professional Beach Lifeguard and help keep the beaches safe.

Prerequisites:

- Surf Life Saving Australia (SLSA) Bronze Medallion (or equivalent)
- SLSA IRB Driver Certificate (or equivalent)
- Provide First Aid Certificate
- C Class Drivers Licence (Manual)
- Advanced Resuscitation Techniques Certificate
- National Police Clearance
- 800m pool swim in 14 minutes or less
- Complete Lifeguard Mission

Enquiries to John Snook, City of Stirling Beach Services Co-ordinator

Phone 9205 7470 | Email: John.Snook@stirling.wa.gov.au

Or visit: www.stirling.wa.gov.au