



Scarboro Surf Life Saving Club

"ECHO" CLUB NEWSLETTER

PRESIDENT'S PEN ~ Jody Ballard

Last weekend saw us competing coast to coast and nippers through to seniors.

Over at the 2020 ARSL Open in Mollymook the Scarboro Sunsets competed in some extremely tough conditions that saw competition move locations. Their efforts saw them through to the semi-finals before they were knocked out and their Inter-States racing was cancelled. If you didn't get to see the live stream of the competition and challenging conditions then check out the ASRL Facebook page for some highlights.

Back home our Woodside Nippers were giving it their best efforts at Nipper State Qualifiers, those making the cut will join us on their home beach as we cheer them on in March at the WA Nipper State Championships.

At Mullaloo our R&R teams stood out head and shoulders above the rest being crowned Open State R&R Champions under the watchful eye of coach Dough Mc Ghie, picking up one Gold and two silvers on the day. Congratulations to Doug and the teams on their excellent results, it has taken us 23 years to regain this title!

Good luck to all our swimmers, paddlers and support crew heading over to Rottnest with the 2020 Rottnest Channel Swim on Saturday.

See you down the beach

Jody

JODY BALLARD | President | Scarboro SLSC
(E): president@scarboro.com.au

ECHO : Edition # 640

20th February 2020

CLUB OFFICE HOURS:

Administration & Functions:

Monday: 8.30am – 2.15pm

Tuesday: 9.15am – 2:15pm

Wednesday: 8.30am – 5:00pm

Thursday: 8.30am – 5:00pm

Friday: 1.30am – 5.30pm

E: adminofficer@scarboro.com.au

E: Functions@scarboro.com.au

BAR OPEN on FRIDAY NIGHTS

5:00pm to ±9:30pm

Office Telephone # : 9341 1011



IMPORTANT DATES 2019/20 SEASON:

FEBRUARY 2020:

29/2+1st March: Masters States, Country States Boats short Course Ocean Beach Denmark

MARCH 2020:

08/03/2020: Little Nippers Champs Sorrento

14+15/03/2020: Nipper States Scarborough Beach

07/03/2020: Surf league Rnd3 Sorrento

21/03/2020: First Aid States City of Perth

22/03/2020: Champion Lifesaver & Patrol City of Perth

28/29/3/2020: Senior States Scarborough Beach



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"BOATIES Notice BOARD at Mollymook" – Mark Irwin

Last weekend, our Open Women boat crew the 'Sunssets' travelled to Mollymook NSW for the Australian Surf Rowers League and Interstate Boat Championships as WA reps for the reserve women division. After driving out to the Blue Mountains to pick up Scarboro's surf boat from storage we drove down the South coast and arrived to unpack, clean the boat, rewire the pumps/batteries and set up for the Friday rowing. Friday surf conditions were large but exciting with the Scarboro Sunsets winning their first round convincingly and then seeing competition cancelled due to all beaches on NSW coast being closed. We packed up and with everyone else headed an hour south to Long Beach on Saturday (near Batemans Bay) where racing would continue. With a never seen 1 – 1.5m shore dump in this protected water, boats were still being thrown end over onto the shore! The Sunsets rowed their second elimination round with another clear win putting them into Sunday racing. With conditions improving the event was again moved back to Mollymook and the Sunsets raced the first race of the day with another strong win carrying them through into the finals. Their quarter final saw 7 boats on the same wave (called a party wave) with only 4 progressing and the Sunsets again won on the line taking them through to top 8 and the semi final of 4 boats. The start wasn't great with a wave under the bow meaning a couple of lengths to row back over the course. Heading into the turn trying to make up ground meant taking risks and this time it didn't pay off with the turning boy popping around meaning a quick 'back up' and losing some vital ground that couldn't be made up. It was a disappointing end to a great rowing campaign but the crew learnt so much and gained some fantastic competition experience ready for States and Aussies. The highlights of the weekend was the incredible surf conditions and waves, with the lowlight being the cancelling of the Interstate races (now postponed until the Aussies).

As their sweep I genuinely think this crew is one of the best this club (and state) has seen in recent times. Their boat speed and timing is exceptional and their desire to win drives them hard, watch out for how well they go with this experience under them. Their understanding of what it takes, the commitment to training both rowing and fitness/strength is inspiring and their work as a 'crew' together is fantastic. With so many youth crews coming through to be mentored and helped by our senior boaties Scarboro's boat future is looking bright.

A huge thanks to Trent (boat captain) and the club for their support, to SLSWA and ASRL for assisting with funding, our mate –Ollie(ex Scarb boatie) for driving from Canberra to Mollymook to watch us, then driving back the next day to pick up the boat and take it to Canberra to look after! And especially to everyone who sent messages and supported the crew through watching and cheering – It really meant a lot to all of us.

Mark Irwin aka "Tired Sweep"

Mark Irwin | Boat Sweep | Scarboro SLSC



From L to R: Maddi and Leah Elliott, Meg Downs; Yasmin George and Mark Irwin

CONGRATULATIONS TEAM!

Nipper News

As we approach the end of the season we definitely wind up, not down...make yourself comfortable and maybe even grab your diary to record some dates. (or check TeamApp!)

State Qualifiers

On the weekend our U10s to 13s went to Mullaloo for the State Qualifiers. There were some great performances by many competitors, we have the largest number of qualifiers for individual events through all our ages for a few years and there were so many competitors so close...both on the beach and in the water. Well done to everyone that represented Scarborough SLSC proudly.

U10 Feedback from FREYA:



The U10s were an absolute force on the weekend! We had 16 nippers compete in events! I was incredibly proud to see each of them turn up with awesome attitudes and put in 100% effort. Not only that, every single one of them also demonstrated great sportsmanship and if they weren't racing, they were on the sidelines cheering for their teammates. Most importantly they all finished the day with huge smiles and a great sense of achievement.

Stand out performance of the weekend was Charlotte Ryan and Addison Spencer both competing in the Iron Woman race for the very first time. Despite plenty of nerves, both girls put in a gutsy performance and kept going no matter what. Every single one of their teammates lined the finished cheering them in with both girls crossing the line with huge smiles on their face. Both girls showed exactly what this sport is all about - challenging yourself!

Well done to every single nipper in the team in the weekend - I couldn't be prouder of all you! The team included:

Charlotte Ryan, Addison Spencer, Olivia Bell, Piper Watson, Kiara Abbott, Sienna Alach, Rebecca Tierney, Coco Fonseca, Jessica Safranek, Pia Reinhardt, Lila Turner, Tahni Blatchford, Tobi Vincent, Owen Wright, Xavier Hendricks and Damon Cashell

Special mention to Coco, Sienna and Rebecca who qualified for state champs in every event they entered - an outstanding effort!

State Qualifiers

Flags: Sienna Alach, Coco Fonseca, Rebecca Tierney

Sprints: Sienna Alach, Coco Fonseca, Rebecca Tierney

Board: Sienna Alach, Coco Fonseca, Rebecca Tierney, Piper Watson, Jessica Safranek (reserve), Kiara Abbott (reserve), Olivia Bell (reserve)

Iron: Sienna Alach, Coco Fonseca, Jessica Safranek, Olivia Bell, Pia Reinhardt, Owen Wright

Remember, even if you did not qualify in the individual events on the weekend, there are still plenty of events to enter in at State Champs including surf race, surf relay, board relay, Cameron relay and sprint relay.

Big thanks to all the parents for your support on the beach in particular Angela Ryan for officiating the beach events, Lana Bell, Mike Watson and Heath Wright for assisting with marshalling and handling and also to Heath for jumping in as water safety for the U11 events! These carnivals wouldn't be able to run if it wasn't for volunteers so thank you for giving your time!

U11 Feedback from Richelle -:

Quick report from Mullaloo saw Brooke Andrews and Finn Wibrow qualified for Sprints. Spencer Pappas qualified for flags. Parker Howard qualified for Ironman & Reserve Board with Jasper Barnes - Drury reserve in flags.

Outstanding & courageous repeat efforts from all U11 with very competitive swims, paddles and runs also from Chiara D'Alessandro, Cai Locke and Derek Crusan. Big thanks to Under11 parents and family members: Deb Andrews, Sam Barnes-Drury, Cooper Howard and Jules D'Allesandro... you all help make this possible.

Under 12s and 13s also had a number of qualifiers and gutsy efforts.

Well done again to all Scarboro competitors on the weekend - an outstanding effort all round!

All of our qualifiers will be notified by AGMs. But our States Team is **WAY** bigger than the individual events! WE NEED LOTS OF YOU... to put together our teams. Please let your AGM know if you are keen to participate and in what teams ASAP, so that there can be some good training and practise. (You will have received an email about entry fees etc.)

I would personally like to mention our fabulously growing bunch of volunteers at carnivals. We had MORE officials and water safety than required. Officials included Cohen, Riley and Cooper from the youth ranks, 10s and 11s mentioned above and then George Tolev, Bell Somers, from the 13s and Mark Levitt and Todd Knox from the 12s. Giant shout out to David Lim and Liam O'Donnell for IRB and crew. This is really appreciated.

Club Championships

As per our calendar these are being held this Sunday. Please be prompt at 9am and expect to stay a bit later. Now that we have a good bunch of newly qualified officials (and some more senior ones in the group) we would really love your support and help by wearing your official shirts and helping in your age group, coordinating with your AGM on the day to get the events run professionally and smoothly. We will need lots of other help on the day, water safety, recording etc...



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State Championships

These are coming up quickly. Little Nippers are on the 8th of March and the following weekend the Nippers. (On Sunday 15th March there will be no session at Scarborough due to the states being held there.) Please watch TeamApp for details and communicate with your AGM. There are social events around these, see below. There will be reminders.

Under 10 to 13 Nippers Players Tea

- **When:** Wednesday 11th March 2020
- **Time:** 5.30pm
- **Where:** Scarboro SLSC Function Room

Under 8 to Under 13 Nippers States Party and Club Champs Presentation

- **When:** Sunday 15th March 2020
- **Where:** Scarboro SLSC Function Centre
- **Time:** 6.00pm

Details: Please eat dinner before coming, snacks & soft drink provided, bar is open.

Scarboro are 'Nut Aware' club. **It is NOT nut free.** Families should bring their own food if they have concerns.

Club Photo - A moment in history

Why: Only done roughly every 10 years

When Sunday 2nd March 2020

Time: 8.50am

I'd better leave some room in the newsletter for some other news...Keep enjoying your surf club!!!

Nicole Tolev

Nicole Tolev | Junior Officer 2019/20 | Scarboro Surf Life Saving Club '(E): juniorofficer@scarboro.com.au

Please Bring:

U10/U11 Savoury Plate to share

U12/U13 Sweet plate to share

Water Provided

SUNSET TERRACE – BAR ROSTER – Sharon Walshaw

Please see bar roster below for the next few weeks. If you are unable to make your shift please try and organise a swap and thank you for your generosity in volunteering your time, it does not go unnoticed 😊

Sharon
Walshaw

Sharon Walshaw |
Functions Co-
Ordinator

Bar Assistance	Fri 21/02/2020	Fri 28/02/2020	Fri 06/03/2020	Fri 13/03/2020	Fri 20/03/2020	Fri 27/03/2020	Sun 29/03/2020
1 J. Young	X	N/A			X	X	X
2 J. Neal			X				
4 D.Thommo							
6 G. Stephenson			X				
7 B. Welch				X			
8 B. Morrissey							
9 N. Darch						X	
10 P. Watson						X	
11 M. Burgess				X			
12 C. Dickson		X					X
13 E. Goddard							
14 C. Paridis	X						
15 P. Finnegan			X				
16 R Thompson		X					X
17 P. Cooper							
18 C. Harry							
19 M. Gribbon		X					X
20 G. Smith							
21 J. Coe					X		
22 C. Van Heeren				X			
23 J. Shuster							
24 T. Ince							
25 Belinda Kuster					X		
26 Michele Bistrup	X						



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RACE SECRETARY – Tanya Channell

Well with so much else going on last weekend we only had a small turnout for club swims and runs on Sunday, I look forward to more attending next weekend.

The long-run up the beach after the swim assisted some and may have hindered others, but if I saw you walking you can be rest assured (Jeff Young) that I have taken the walk into consideration when adjusting the handicaps 😊. Thanks to Scott Hawkins for doing the time keeping for me.

Results for the weekend were as follows:

Swim:	Long Run	Sprints
1 st – Mike Cake	1 st – Joel Horton	1 st – Ben Johnson
2 nd – Robert Johnson	2 nd - Callum Hawkins	2 nd – Don Johnson
3 rd – Jose Desfosses	3 rd - Don Johnson	3 rd – Joel Horton

Long-Run – we had a change of scenery due to the beach volleyball, so the run was towards Floreat

Well done to Joel great effort for your first runs and look forward to seeing you back in future weeks.

Next Sunday we will be missing a few of our regulars due to that little swim to Rottneest.... good luck to everyone taking part hope the conditions are kind to you. For everyone else, this is a good opportunity to get your points up, so I will see you on the beach for our usual Points swim, long-run and sprints.

Tanya Channell

Tanya Channell | Race Officer | Scarborough SLSC



Congratulations to Nicole and our Age Group Managers we were “runners-up” in the Grill’d Tokens and will be receiving a \$100 cheque.

Thank You to all our member that placed a “Token” in our Scarborough SLSC Jar at Grill’d.

LOCAL MATTERS

WELL DONE!

Scarboro SLSC Nippers, your jar was runner up!

Grill'd is busy organising your cheque and will be in touch in the next 2-3 weeks when it's ready for you to pick up.

We want to thank you for being a part of Local Matters this month. It's groups like Scarborough SLSC Nippers that keep Local Matters going strong. We'll be in touch in the next 12 months when it's time for you to apply again!

Until then, we'll see you soon for a Healthy Burger.

The Grill'd Family

Grill'd
HEALTHY BURGERS



SURF SPORT & DEVELOPMENT SLSWA

Sport & Development

RESULTS | SunSmart Nipper Metro Qualifiers - Congratulations to those who have qualified for the SunSmart WA Nipper Surf Life Saving Championships in March for flags, sprints, board race and Ironman/Ironwoman.

Please [download the full list](#) of qualifiers and reserves here - there are variations in the number of reserves due to heat numbers. Reserves are not ranked and will be drawn randomly when a position becomes available on, or before, the Championships. The list also outlines board rescue teams that have qualified and which teams are reserves. Teams can change completely in make-up, however a competitor who was eliminated from the Nipper Metro Qualifier is unable to be a team member at the Championships.

RESULTS | SunSmart WA Surf Rescue Championships | Event wrap, results & photo gallery [here](#). See where your club stacks up after the event in the Progressive Point Score [here](#).

SUNSMART WA COUNTRY CHAMPIONSHIPS | Entries close 11pm Tuesday, 25 February and are to be completed online by clubs [here](#). Event Program can be found [here](#).

SUNSMART WA MASTERS CHAMPIONSHIPS | Entries close 11pm Tuesday, 25 February and are to be completed online by clubs [here](#). Event Program can be found [here](#).

SUNSMART WA SURF LIFE SAVING CHAMPIONSHIPS | Short Course Surf Boats - Entries close 11pm Tuesday, 25 February and are to be completed online by clubs [here](#). Event Program can be found [here](#).

SUNSMART WA LITTLE NIPPER CHAMPIONSHIPS | Entries close 11pm Thursday, 27 February and are to be completed online by clubs [here](#). Event Program can be found [here](#).

SUNSMART WA SURF LEAGUE | R3 - Entries close Monday, 2 March. We will once again be live streaming the event on Saturday, 7 March directly from Sorrento Beach. If you would like to host the live stream on your club's Facebook page, please email [Ruby Cumberland](mailto:Ruby.Cumberland) to coordinate.

SUNSMART WA NIPPER CHAMPIONSHIPS | Water & Beach - Entries close 11pm Monday, 9 March and are to be completed online by clubs [here](#). The Official Guide can be found [here](#).

SUNSMART WA LIFESAVING CHAMPIONSHIPS | First Aid, Champion Patrol & Champion Lifesaver - Entries close 11pm Wednesday, 11 March and are to be completed online by clubs [here](#). Event Program can be found [here](#).

SUNSMART WA SURF LIFE SAVING CHAMPIONSHIPS | Entries close 11pm Tuesday, 25 March and are to be completed online by clubs [here](#). The Official Guide can be found [here](#).

