



Scarboro Surf Life Saving Club

“ECHO” CLUB NEWSLETTER

President's Pen – Jody Ballard

What is **Nyungkat Mia**?

As signage has gone up around the Club buildings over the last few weeks a few eagle-eyed members spotted the phrase “Nyungkat Mia Function Room” on the doors into our bar and multi-function space upstairs. Nyungkat Mia is the Nyungar name for the Surf Club derived from the Nyungar word meaning us or a group of us and Mia is a place. Disappointingly there have been a few negative comments and even one suggesting we can “fix it by peeling it off”!



Whilst on the topic of signage members also commented: “how will people know they are in the surf club?” Well, there is still a number of larger items to go up around the buildings that we showcased at the AGM to those present and subsequently in the Echo; once the works are complete it is safe to say there will be little doubt that our buildings are Scarboro SLSC.

Avoid the queues and secure your membership spots by renewing online ahead of our Junior and Seniors Registration Day which is fast approaching next Sunday and promises to be an exciting fun-filled day, not just all about paperwork and fees. Given the ever-growing popularity of Nippers, I strongly advise our current members to get online and [renew via the Club website](#) to secure their child's place for the coming season and avoid the queues on the day.

This Sunday also sees a group of our members running a sausage sizzle fundraiser down at McGillivray Oval for the Rugby WA semi-finals tournament from 9am-4pm. If you are in the area drop in and say “hi” or grab yourself a sausage sizzle and check out some of the action.

See you down the beach.

Jody

JODY BALLARD | President | Scarboro SLSC
(E): president@scarboro.com.au

ECHO : 617 Edition

5th September 2019

CLUB OFFICE HOURS:

Administration:

Mon-Thur: 9.15am to 2.15pm

Friday: Closed

E: adminofficer@scarboro.com.au

Functions:

Sharon is on Annual Leave till:

09/09/2019

E: Functions@scarboro.com.au

BAR is OPEN AGAIN on FRIDAY nights

5:00pm to ±9:30pm

Office Telephone # : 9341 1011

Club Website :

<http://www.scarboro.com.au/>



SEPTEMBER 2019:

15/09/19: Member Registration Day 2019/20

OCTOBER 2019:

03/10/19: : First Aid and CPR Requalification at SLSWA Balcatta – Free for all members

04/10/19: VIP Sponsors Season Opener

05+06/10/19: : WA Board Riding Championships

20/10/2019: WOODSIDE NIPPERS STARTS ! 9AM

NOVEMBER 2019:

01/11/19: : Halloween Social Event

SCARBORO SURF LIFE SAVING Coffee CLUB – Thursday Mornings.

Invitation to all Scarborough SLSC Members – come and join the Scarborough Coffee Club every THURSDAY morning!

Recently a few members who are at a loose end (retired) on Thursday mornings have been gathering at the Club at 10am to catch up over a coffee.

Coffee orders are placed with Cbreeze at 10:00am.

All members welcome, just bring \$4 (in change) to pay for your coffee. Come and enjoy the great company, have a chat and catch up enjoying the awesome view from our own private balcony.



POLAR BEARS : Kathy Brooks

Polar Bears Sunday 1/9/2019

Sunday was meant to be the first day of spring, but looked like it was the last day of winter- with wet, cool conditions. As the water safety team was unavailable, the Polar Bears just did a channel swim.

Special mention this week goes to Giules D Alessandro who has now completed an incredible 700 swims, well done Giules!

Kathy Brooks

Kathy Brooks | Polar Bears | Scarborough Surf Life Saving Club



SKI PADDLERS | SWIM & BOARD | Warren Jones

Ski and board training this week will be Sunday 9am at the club to make the most of the stunning weather. Grant and Bob will be there for anyone interested in paddling skis.

Now is the time to start training for The Endurance State Championships which will be held on Sat 26th Oct at Sorrento. Events are usually 4km beach run, 2km swim, 3km board paddle and a 6km ski.

Ironman training will re-commence at the club this Tues 10th Sept 6-7am.

The Boardriding State Championships are on at Secret Harbour 5,6th October, U13 Nippers, Seniors and Masters categories with shortboards Sat and longboards Sun and possibly Sat depending on entry numbers, let me know if you'd like to get an entry in.

Warren Jones

Water Captain | Scarborough Surf Life Saving Club

(E): watercaptain@scarboro.com.au (M): 0437 249 026

PEER MENTORING PROGRAM – Angus McMillan

SLSWA is offering an opportunity for a few members to be apart of their peer mentoring program. The program will consist of a one day course at Surf House in Balcatta. The program will give its participants the necessary tools to look out for the mental health of members who are involved in major incidents and first aids at our club.

The dates are as follows:

TRAINING | Peer Support: Training courses for Peer Supporters are now confirmed, as per below:

- **8 September: 8.30am - 12.30pm, Surf House, Balcatta.**
- **14 September: 8.30am – 12.30pm & 1pm – 5pm, Surf House, Balcatta.**

If you are interested to join in on this opportunity please send me an email and I will forward you the expression of interest to fill out.

If you have any questions or want to know more please dont hesitate to contact me.

Angus McMillan

Angus McMillan | Beach Operations Director

Scarboro Surf Lifesaving Club

(E): beachoperationsdirector@scarboro.com.au (M): 0474 297 812

TRAINING & EDUCATIONS – Upcoming BRONZE Medallion Course

The dates have been released for our First Bronze Medallion Course of the 2019/20 season:

Below are the start dates for upcoming courses starting in October:

- Bronze Medallion - Starts Wed 2nd October at 1900 with a pool swim @ scarboro. Practical sessions will be held on: Saturdays and Theory sessions on Wednesdays nights, time TBC - **32ppx**
- Silver Medallion Beach Management – 5th and 12th of October, on a Saturday afternoon.

If you want to express your interest in attending the course you are required to be a financial member and pay the course fee. Please contact the office on: 9341 1011 to register.

Surf Life Saving WA is also running some FREE First Aid courses for members (as per flyer) please register your interest with SLSWA on: 9207 6666 or via the members portal.

Belinda Kuster

Belinda Kuster | Training & Education Officer

(E): educationofficer@scarboro.com.au

FREE FIRST AID FOR MEMBERS
Click here for more details 

Coming Events

COMING DATES

- 5 – 6 October: SunSmart WA Board Riding Championships, Secret Harbour
- 26 October: SunSmart WA Endurance Championships, Sorrento Beach
- 9 November: 2019 SLSA Awards of Excellence, Gold Coast Exhibition and Convention Centre
- 17 November: Senior Carnival, Mullaloo Beach
- 24 November: Navy Series Surf Boat, Mullaloo Beach

Public First Aid Training Courses

The following courses are available for the public to book:
To book click here. SLS Members receive 20% discount!

Provide CPR (HLTAID001) and Provide First Aid (HLTAID003)
Provide First Aid Requalification (HLTAID003)
CPR Requalification (HLTAID001)

- 19 September: Fremantle SLSC
- 26 September: Surf House, Balcatta
- 9 October: Surf House, Balcatta
- 22 October: Fremantle SLSC
- 12 November: Surf House, Balcatta
- 28 November: Fremantle SLSC

Saturday course dates:

Provide First Aid (HLTAID003)

- 14 September: Surf House, Balcatta (Full)
- 19 October: Surf House, Balcatta (FREE FOR MEMBERS)

Provide Advanced Resuscitation (HLTAID007)

- 28 September: Surf House, Balcatta (Full)

VOLUNTEERS REQUIRED - Can you assist in the Canteen? Janet Hall

Volunteers Required
to assist in the
Scarboro SLSC
Canteen



on Sunday mornings. With our
Woodside Nipper Program and the
Patrolling season starting in October
it's going to be getting allot busier
down at the club!

Learn how to become a barista or
just help serve.

Have fun, make new friends. Free
morning tea for all helpers.

Janet Hall

Janet Hall | Canteen Co-ordinator
(M): [0408912767](tel:0408912767)

Scarboro SLSC Canteen Roster 2019/2020 Sundays 08:30 – 12:00					
	Day	Barista	Assistant 1	Assistant 2	Assistant 3
October	6	Dianne Young			
	13	Dianne Young			
	20	Dianne Young			
	27	Janet Hall 0408912767			
November	3				
	10		Janet Hall		
	17				
	24	Janet Hall			
December	1				
	8		Janet Hall		
	15				
	22	Janet Hall			
January	29				
	5		Janet Hall		
	12				
	19	Janet Hall			
February	26				
	2		Janet Hall		
	9				
	16	Janet Hall			
March	23				
	2		Janet Hall		
	9				
	16	Janet Hall			
	23				
	30		Janet Hall		

SUNSET TERRACE BAR ROSTER – August & September 2019

The following members are on BAR-Roster Duty this Friday night. If you are unable to make your shift please let Phil Cooper or Jeff Young know.

Member on Duty	Friday, 6 th September	Friday, 13 th September
C.Dickson	'rostered on shift'	
R.Thompson	'rostered on shift'	
M.Gribbon	'rostered on shift'	
J.Young		'rostered on shift'
J.Neal		'rostered on shift'

Jeff Young

Jeff Young | Bar Manager | Scarboro Surf Life Saving Club

Dive into a FUN & Exciting lifestyle, become part of our Scarborough SLSC FAMILY

Woodside Nippers starts on Sunday, 20th October from 8:45am to 11:00am
All WELCOME!



Join the whole Family or individual Memberships.

Registration Day:
15/09/19

From 10am – 2pm



Any Queries ? Please email: adminofficer@scarboro.com.au or call 9341 1011

Woodside Nippers is a great way to get outside, make new friends, gain water confidence, and develop vital surf skills!

Offered here at Scarborough Surf Life Saving Club, with programs kicking off on Sunday, 20th October, this the great Australian weekend Family tradition.

This season every enrolled Woodside Nipper will receive a Woodside Nipper Pack which will include: A sling bag, with a Wide Brim Sun Protection hat; Your New Nipper Age Group Cap and a Woodside Hi-Vis Rash top, to be worn at all Sunday Sessions, Training & Carnivals

Nipper Numbers are LIMITED so register quickly to save your spot!

New Woodside Nipper Packs

