



Scarboro Surf Life Saving Club

“ECHO” CLUB NEWSLETTER

PRESIDENT’S PEN – Jody Ballard

Last weekend marked the start of our final month of surf patrols for the 2018/19 season as we enjoyed some great weather over the long weekend and some cracking waves too. Angus has circulated our current down hours list to members, if you are on that list then please make sure you have made up your down hours so as not to loose access to all club amenities; changerooms, gym, gear storage and bar over the off season.

Last weekend also marked the start of our State Titles series with Masters and Little Nippers competing up at Sorrento SLSC. It was great seeing the Masters members down at Scarboro on Sunday with their medals on enjoying their achievements. Good luck to our Open competitors who kick off their State Titles campaign this weekend.

Over the past few months we have collected a number of unauthorised items that members have taken to storing in the gear shed. These items have been collected up and are in the picture below, if they are yours then please remove them before they are disposed of. If it is not stored in a designated rack (board & ski) or Club equipment then it should not be in the gear sheds. These items were placed in a number of unapproved areas blocking access to plant and equipment associated with our building operations.

See you down the beach for States.

Jody

JODY BALLARD | Club President | Scarboro Surf Lifesaving Club
(E): president@scarboro.com.au (M): 0450 307 936

Do these belong to you ???



The GYM will be closed to all Members on Wed, 27th March from 6-9.30pm as it is required for BM/SRC Training.

ECHO : Edition 592

7th March 2019

CLUB OFFICE HOURS:

Administration:

Mon-Thur: 9.15am to 2.15pm

Friday: Closed

E: adminofficer@scarboro.com.au

Functions:

Wed & Thur: 8.30am – 5:00pm

Friday: 1.30pm – 5:30pm

Functions: Functions@scarboro.com.au

BAR OPEN – Every Friday Evening

Friday: 5:00pm to ±9:30pm

Office Telephone # : 9341 1011

Club Website :

<http://www.scarboro.com.au/>

IMPORTANT UPCOMING EVENTS:

MARCH 2019:

09/03/19: SunSmart Snr State Championships

09/03/19: SunSmart Master Championships Boats

10/03/19: NIPPER combine with Sorrento SLSC

All AGE GROUPS from U6-U13’s start at 8:45am

12/03/19: Nippers State Players TEA

15/03/19: Nippers State Championships

17/03/19: Nippers End of Season Party



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EDUCATION OFFICER : Belinda Kuster educationofficer@scarboro.com.au

Our Education Officer will be running an IRB Crew Course, on the below listed dates:

- Sat 1 June
- Sat 8 June
- Sun 9 June

Candidates need to attend all three sessions, and have their current Bronze Medallion. Please contact Bel Kuster on educationofficer@scarboro.com.au to register your interest.

BELINDA KUSTER | Education Officer | Scarborough Surf Lifesaving Club

(E): educationofficer@scarboro.com.au

TRAINING – SWIM | BOARDS | IRON : Warren Jones

Good luck to all our competitors at the Senior State Championships this Saturday and Sunday at Scarborough Beach. Competition starts at 7am Saturday morning with the 2km beach run. Scarboro is well represented in this and please come down to cheer them on, then March Past from 7:30am before the water events begin at 8:15am.

It's a great atmosphere on the beach and I'd encourage the whole club down to be a part of it.

There will be a Seniors and Masters (yes Niccola) States after party held this Sunday from 5-10pm where the "Gold Table" will come out! Please rsvp to the social committee.

If anyone is free this Friday afternoon from 4pm to help set a couple of tents up please meet me at the boatshed. I'm still waiting on the IRB/water safety/first aid roster from SLSWA to see how many volunteers we need. If you can help please contact me.

Training continues with board/ironman Tues 6am and board Wed, Fri 6am and Sun 8am. Feel free to join in even if you are just starting out. There will be no board training Friday 8th March before States however training will continue until the end of March.

There is also a weekly Surf Skills training session for U10-U13 Nippers until their States. The next session is Friday 8th March at 5pm and the last session is Thursday 14th March at 5pm. These sessions are designed to hone your skills getting across the bank in preparation for the State Championships at Scarboro 16th and 17th March.

WARREN JONES | Water Captain | Scarborough Surf Lifesaving Club

(E): watercaptain@scarboro.com.au (M):043 724 9026

JUNIOR NIPPERS : Nicole Tolev

Nippers Update

The season is coming to a conclusion rapidly but there is still a lot of lifesaving and fun to be had.

Last weekend saw out Little Nippers on the beach at Sorrento for their state titles. Congratulations to Rebecca Tierney for her silver medal in the u9F beach sprint and to all our other competitors for competing with pride and giving it their best.



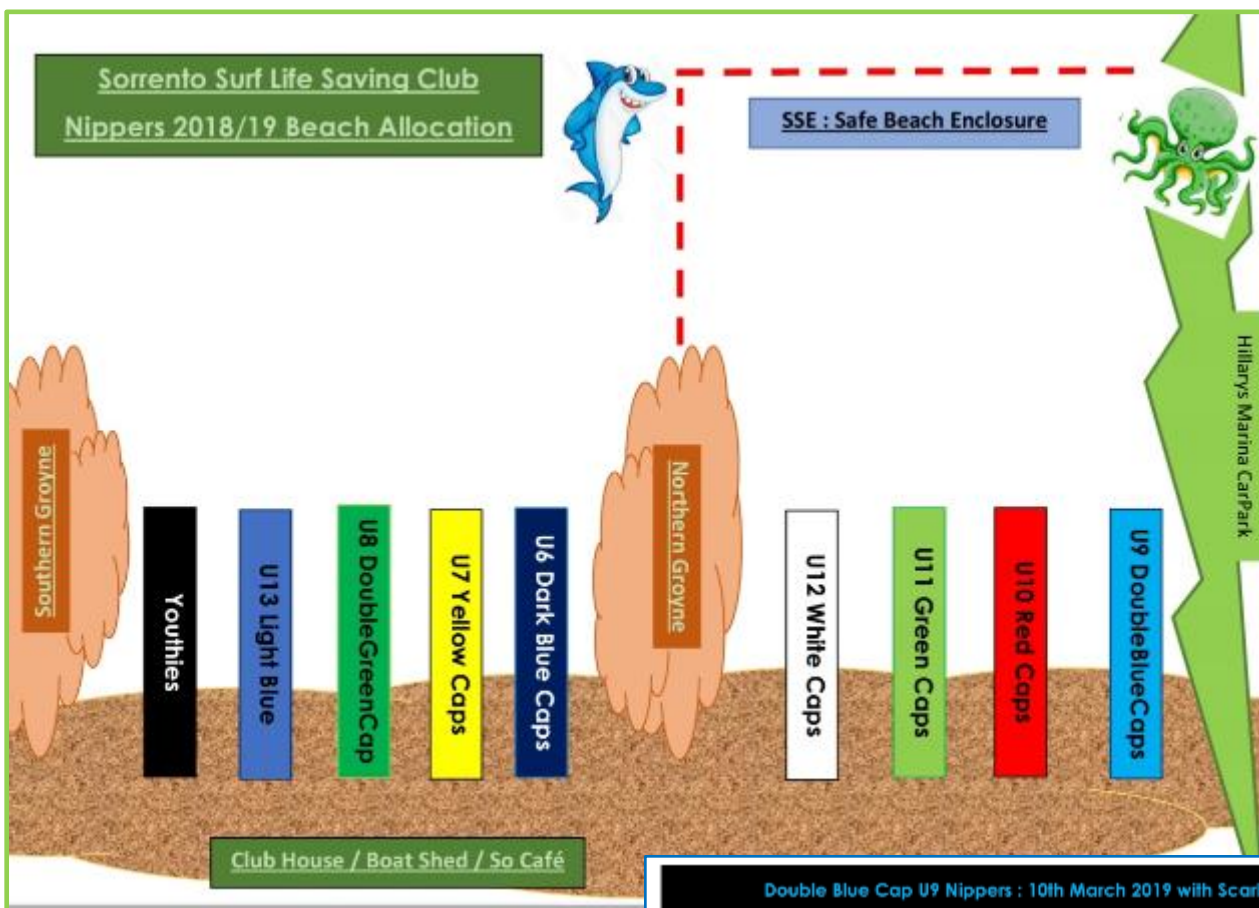
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This weekend (as we will not fit on our beach, nor have access to parking and equipment due to the Senior States) Sorrento SLSC has kindly offered to accommodate us and have some interclub fun. *I have unfortunately and very sadly heard some complaints about us going there, I think we should be grateful as we have a great opportunity to get wet, practise team events (for our competitors) and have a lot of fun for everyone and make or consolidate new friendships.* All age groups will meet at 8.45 am on the beach. The lovely Belinda has organised a trailer of boards but if you have your own, please take it!

Sorrento SLSC are great hosts and will have parking planned and sausages sizzling. Please see the map below of where to meet your AGE Group. There is also an example of how they run their sessions, to give you an idea of what your Nipper can expect. (That is an example of the U9's – so Nat and Crew your group will be divided into their 5 x groups)



It is suggested that U9-U12's Park at Hillarys in the Sorrento Quay Car Park and walk across to the Safe Beach Enclosure for your session.

Be ready for lots of **FUN & GAMES**, and Competitions (for the older age groups) especially our Little U6+U7's - Luke and Andrew from Sorrento have an exciting day planned for you.

Double Blue Cap U9 Nippers : 10th March 2019 with Scarboro SLSC						
10/03/2019	08:45 - 08:55	09:00 - 9:20	09:25 - 9:45	09:50 - 10:10	10:15 - 10:35	10:40 - 11:00
MARLIN'S Siu & Damien	Attendance & Warm Up	Sprint & Relay	Swim	Boards	Games	Flags
DORY'S Tia & Karoline	Attendance & Warm Up	Swim	Boards	Games	Flags	Sprint & Relay
NEMO'S Paul	Attendance & Warm Up	Boards	Games	Flags	Sprint & Relay	Swim
SQUIRTS Kerry & Beely	Attendance & Warm Up	Games	Flags	Sprints and Relay	Swim	Boards
RAYS Amanda & Steve	Attendance & Warm Up	Flags	Sprint & Relay	Swim	Boards	Games



The following weekend is our Nipper states. We will not be running a session (same logistics as above) but everyone is invited to the beach, some of you participating and some can come along and cheer for your team mates.

Speaking of team mates it has been great to see our AGMs putting together lots of teams for competitions. R&R, March Past and various relays. In speaking with many veteran competitors (ones even older than me!) it's not the individual medals and memories that they hold dearest, its participation with their mates... and it's great to see this alive and well at Scarboro! If your AGM invites you to be part of a team, remember it is an honour to represent your club.

Other dates to watch (and check on Team App !) are the Nippers states Players Tea (March 12) and the Nippers State Champs (March 15 to 17) and our Nippers End of Season Party (March 17).

Please RSVP on TeamApp for catering. Our last day on the beach is Sunday March 24.

Officials for states

This is a giant plea for anyone qualified (especially nipper parents) to help at the states.

I have 1 volunteer so far (Thanks Wendy!)

I expect we will need 3 or 4 each day. This is confirmed just before the competition by SLSWA.

Please let Belinda or I know ASAP.

We may also be able to supply non-qualified officials for non-core roles.

Boards

Sadly, we may be short of some boards for states and this will require some juggling on the days.

Our usual volunteers have been frantically trying to repair (permanently or a quick fix) our current stock.

Some damage has been accidental and during correct use, other has happened outside sanctioned club activity.

Some have also gone missing.

If you don't have your own board you will have to use whatever our club / our AGMs can provide on the day.

Please don't take boards from other arenas. This has happened and this is not fair. The club has a new plan for boards going forward ... which we will share with you all soon...

Duty of Care

We have had a few nippers being dropped off at the beach and collected later, well after the session has finished.

We do expect a responsible adult to be with each child, and willing to assist in some way.

It was noted that Sorrento sign their kids in and out, we may look at more formal system like this next season as our club grows.

Next Season

We will be putting an official call out for volunteers with specific roles for next season not long after March Madness concludes. If you have some ideas and have ways of doing things better, this will be your chance to join our very merry group of hardworking volunteers. We look forward to expanding our team.

Watch Team App and the ECHO for this.

Thanks

Quick thanks to our parents providing water safety in the last couple of weeks, some trying conditions for the nippers (and maybe parents??) We couldn't hold a Sunday morning without you.

And the "Back up Boys" (they have done it so much they have given themselves a title!) on the BBQ.... Your efforts and tong talents are noted and appreciated!

SEE YOU ON THE BEACH!

NICOLE TOLEV | Junior Officer | Scarboro Surf Lifesaving Club (E): juniorofficer@scarboro.com.au



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PATROL OFFICER : Jen Blair patrolofficer@scarboro.com.au

Another hot Long Weekend down on Scarborough Beach! We returned one lost child to worried parents, a dog sprinting through the flagged area, members competing (and doing well!) in the Master's event and a suspected spinal on Monday morning – what a busy long weekend for all! Please remember that there is only 3 weeks left of patrols and that all yellow Parking Permits expire on the very last day of Patrols – 31 March 2019.

Just another friendly reminder for those who are on patrol this coming weekend:

- Saturday 08:00 – 12:30 Patrol 1 (Adam Bennett)
- Saturday 12:15 – 17:00 Patrol 2 (Chris Kuster)
- Sunday 08:00 – 12:30 Patrol 3 (Andrew Matraszek)
- Sunday 12:15 – 17:00 Patrol 4 (Jody Ballard)

Please remember to keep your patrol caps on your heads and tied up and if you require another please let TC or myself know and we will be happy to assist you. Also please remember that there are to be no members sitting on the back of any vehicles at any time.

If there is anything that TC and I can assist you on please let us know.

JEN BLAIR | Patrol Officer | Scarborough Surf Lifesaving Club (E): Patrolofficer@scarboro.com.au



Our AMAZING MASTER Ladies, who won allot of "Bling" at Master State Championships - see below links for full results ...



Niccola Sweeney; Janet Stephenson; Belinda Somers; Sharon Walshaw; Kathy Brooks, Karen O'Connor and (Front) Kim Williams

SURF SPORTS : Wrap Up on State Championships : Masters & Little Nippers

Athletes of all ages contest championships! More than a thousand athletes from 26 clubs battled it out over two action packed days at the SunSmart WA Masters, Champion Lifesaver, Country and Little Nippers Surf Life Saving Championships at Sorrento Beach across the weekend.

Our masters' athletes jump-started the action on Saturday morning and, with over 300 athletes representing 22 clubs from as far north as Geraldton and south as Esperance, the competition was fierce and challenging with many athletes finished the day with multiple titles to their name.

With only the surf boat events yet to be contested, Trigg Island is currently sitting in pole position on 536 points, with reigning champs North Cottesloe only 46 points off the lead in 2nd (490) and Sorrento in third on 290 points.

Known for their strength in the surf boat arena, and with those events set to play out this Saturday at Scarborough Beach immediately following the country surf boat finals, North Cottesloe will well and truly be chasing hard to get the win.

Progressive point score for the SunSmart WA Masters Surf Life Saving Championships can be found [here](#)

RESULTS | SunSmart WA Masters Surf Life Saving Championships: Saturday 2 March 2019, Sorrento Beach.

[Results](#) (final results will be available after the Surf Boat events are completed on Saturday 9 March)

RESULTS | SunSmart WA Little Nippers Surf Life Saving Championships: Sunday 3 March 2019, Sorrento Beach.

Day two kicked off bright and early with nearly 400 eager U8 and U9 Little Nippers, hailing from 22 clubs throughout the state, ready to give it their all at the SunSmart WA Little Nippers Championships. The calm conditions provided the perfect environment for our youngest competitors, many for whom it was their first ever competition, to participate in some friendly rivalry.

Final point scores are not tallied for this championship, with the focus of the day being fun and participation however, Sorrento's **Trent Yates** proved one to look out for winning both his U9 beach sprint and flags events, and taking a bronze in the male board race and cameron relay.

Trigg Island's **Paea Zaffino** also proved fast across the sand, winning both her U8 beach sprint & flags events, as did Coogee Beach's Austin Hall.

[Full results here](#)

SURF Life Saving CHAMPIONSHIPS – Event Program and Event Bulletins - COMING DATES

- **9 - 10 March:** SunSmart WA Senior Surf Life Saving Championships, Scarborough Beach. [Event Program](#) – [Event Bulletin](#)
- **15 - 17 March:** SunSmart WA Nipper Surf Life Saving Championships, Scarborough Beach. [Event Program](#) – [Event Bulletin](#)
- **30 - 31 March:** 2019 Australian Youth Championships, Gold Coast, QLD
- **1 April - 2 April:** 2019 Australian Masters Championships, Gold Coast, QLD
- **3 April - 7 April:** 2019 Australian Championships, Gold Coast, QLD



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