



From the President



Is this a picture of a mega bacon and egg burger for a hungry boatie after training? No I'm mistaken it's the Scarboro 1999/2000 U/21's cooking for the breakfast on the weekend. (Yes they were originally u/21's swept by Hawkeye, 12 years ago and are still rowing together today in Reserves). Thanks guys, for a superb effort last Saturday, the guys along with the organizational skills of Asher and Wendy and the help of Elizabeth, Janet and Glenda managed to feed about 150 hungry members and sponsors who turned out for a fantastic Annual Club Breakfast. Thanks to all those who helped out with the set up and clean up. The breakfast also marked the day that Thommo became famous when we named our latest racing IRB. His name will be seen all across Australia as our intrepid IRB racing team continues to make us all proud with their competitive racing skills. They will be heading to NSW this year for IRB Nationals with the 'Dave Thomson' in tow. We were very pleased to acknowledge the work and commitment Dave has shown to our club and also SLSWA through his work with the ERT.

The other big winners on the day were Michael Neilson first over the line in the Junior Parent Swim and Peter McDonald as first Veteran.



Brynn Jones also received his 50 years of Volunteering Medal from our State MLA, Liza Harvey. Brynn was nominated by the SLSWA Honours committee for his service to Surf Life Saving.



Last Sunday our Champion Patrols were judged at Mullaloo, with our under 17's, Jack, Nick, Rachel and Harrison and our Open Team of Rachel, Harrison, Nick, Macca, Jack, and Adam taking out Silver medals, ably assisted by patient/ victim Kate.

This weekend its Champion Lifesaver at Cottesloe on Saturday , First Aid Championships Sunday at Mullaloo and the qualifying carnival for our Juniors at Sorrento. Good luck to all our competitors.

Training for States is hotting up and Brodie Read is now offering Board Training sessions for Long Boards Tuesday and Friday afternoons, at 5pm.

On another note, just a reminder that the bottom club car park around the tower is for committee members and emergency vehicles only.

It is not a kiss'n'ride for dropping off patrolling members or kids with boards etc. There have been a few near misses with vehicles traveling at speed and reversing around the car park and pedestrians accessing the beach area. If you are not on committee or driving an ambulance, you should not be using that car park. There have also been members parking on the verges and grassed areas of the other car park – just a warning that the Rangers will be targeting the drivers of those vehicles, park in a designated bay to avoid getting a ticket please.

Have a great week and see you on the beach

.Elise



Education news

We require qualified assessors from our club to assist with a Bronze Exam this Saturday morning. If you are available, please arrive at 6.30am for a 7am start. The exam will be conducted at Scarborough.

We have just completed a Senior First Aid course and we also have around 20 new bronze holders and 35 new SRC holders now involved in patrolling our beach. Well done to everyone who has completed these awards. We will be conducting a presentation morning so that we can formally recognise all of our new award holders.

Terry Colby



Junior news

Jacko day was once again a great success for all involved last weekend, with a fairly decent swell testing all competitors, and with City of Perth again taking the trophy at the end of the day, but with Scarboro getting some good results on the board, but just not enough to edge them out, maybe next year.

Under 11-14

Reminder for area carnival # 3 - state qualifier at Sorrento this Sunday 12/2/2012, first event at 8.00am, so get there 7 -7.30, parking at Sacred heart college for gold coin donation. All of our juniors attending this carnival will be trying to qualify for the state championships held on 10th and 11th of March.

We will be requiring water safety personnel, 4 people from 9.45 - 12.00, and 3 people from 11.45 - 2.00 pm.

The Senior State Championships will be held on the 3rd And 4th March at our beach. We will be exceptionally busy that weekend with all clubs in the state attending these championships. This is a great opportunity to see some of the best competitors in WA competing for medals before they go over east to compete in the National Championships. We will keep you updated as to where the juniors will be on that weekend.

We also have the opportunity to fund raise at the 'sets on the beach' over 18 concert on Sunday 19/2/2012 from 1.00pm - 9.00pm by doing a sausage sizzle, so any one interested in helping out here please contact me, as it would be appreciated. All the money we raise goes towards purchasing equipment for the juniors. This concert is very popular and working at this event will give you free entry.

A small group of parents passed their Surf Rescue Certificate earlier this season. We have another small group of parents that will be completing this award over the next few weeks. Those parents that are still participating, please remember to complete your workbooks and bring them along on Sunday 19th Feb.

Bold Park Swimming

Don't forget that we have the opportunity for any children n the under 11-14 age groups are welcome to join the swimming group at Bold Park on Monday afternoons from 4.30pm-5.30pm. Normal entry fees apply. No charge for the coaching.

Mic Nielsen 0413 053 161 or see me on the beach.

Competition news:

Beauty and the Beast

Bob Blake isn't really a beast, more of a cuddly bear and he took Tracy Footitt under his wing for her first day as an official at the senior carnival at Trigg last Sunday. Even though Tracy received counseling after the event she has buried the experience of scoring March Past deeply in her subconscious, a repressed memory which may haunt her in years to come. Given that Tracy has a somewhat outgoing personality and one of the club's most distinctive voices I believe that Blakey may appoint her as his understudy for table duties in the future.

Scarboro Breaks Out the Tent

Trigg may have been a turning point for the club with the erection of a club tent for the first time in Open competition outside of the boat arena. While entries were still short of acceptable we were able to contest most disciplines for the first time in a while. By taking out the Ironman, Andrew Mosel made it a clean sweep across all carnivals, Jose Desfosses and Sue Waite won the open male and female 2km respectively, Sophie Watts dominated the U15 beach events and our open female beach relay were winners. We even had some ski paddlers with Jordan Snook and Alana Robertson finishing third in the U19 mixed double and Alana in the top five of the open female before being swamped by paddlers on a wave behind. Our mixed 5 person R&R finished third.

Masters States

We'll definitely need the tent for the Masters States with a big contingent of competitors entered. If you haven't already indicated that you wish to compete please contact me immediately at scarboro_competition@scarboro.com.au and don't forget to pay. Even for masters, dementia is not an acceptable excuse. Entries close on the 9th. Payment gateway:

https://pnpnet.qvalent.com/OnlinePaymentServlet?cd_community=SLSA&cd_currency=AUD

Open States

Entries close on the 22nd so inform your area rep or myself and pay Wendy ASAP.

https://pnpnet.qvalent.com/OnlinePaymentServlet?cd_community=SLSA&cd_currency=AUD

Champion Patrol and Lifesaver

Our Champion Patrol competitors lost out to Fremantle last Saturday but they're revved up to compete this Saturday in the individual event.

Alan Carville

Scarboro Beachies

Discounted Tickets to this Weekends Perth Track Classic

Headlining the meet is World Champion Sally Pearson, World Championship Silver medallist Mitchell Watt, and Commonwealth Games Gold medallists Alana Boyd, Ben Offereins, Sean Wroe, Kevin Moore and Ben Harradine.

The Perth track has the reputation as the fastest track in the country and we want to pack the Stadium and ensure that the Grass Banks are full.

SLSWA Athletics Club have been able to secure tickets at a heavily reduced 40% off price for surf club members, \$6 tickets to see some of the world's best in action only months out from the London Olympics!

To obtain this discount, your members can visit <http://perthtrackclassic.eventbrite.com.au> and in the "Enter promotional code" field, they need to enter the code below

Code for Surf Life Saving WA Members: SLWA

Please note that this discount only applies to tickets purchased online prior to the event on Saturday 11th February.

A fairly busy weekend for us with events on Friday, Saturday & Sunday!

On Friday Night Sam Plato & Gemma Grigg teamed up with a couple of City of Perth members to finish 4th in the Athletics WA 4x100m relays. That was followed by some quick 100m times by Glenn Ross, Aldis Jaunzems, Gemma Grigg & Sophie Watts.

On Saturday Morning we missed the Annual Breakfast and headed down to Waikiki for the Rockingham Gift where best results were Glenn Ross 3rd in the Men's Gift, Gemma Grigg 5th in the Women's Gift and Sophie Watts 4th in the Women's 550m final.

On Sunday we had some tired competitors at the Senior Carnival and the Open Female Relay team won their event. The team is made up of Tenneille Trigwell, Sam Plato, Gemma Grigg & Stevee Hudson.

In the U15's Sophie Watts continued her great form with a win in both U15 Sprints & Flags.

This weekend is quieter, before we move into Track & Beach States events before heading back to Victoria at least once before Aussies.

As most of you would be aware, last season we combined with Trigg Island beach squad to help them out due to a lack of coaches along the coast. That concept has been picked up by other clubs with several now sharing beach coaching resources. This season our Squad has grown to be more than just a beach team, with the Scarboro members being part of a larger group that includes other surf clubs, UWA track sprinters, pro-runners and long jumpers.

To follow what we do, you can get more info from www.rhpathletics.com.au

Glenn Ross

Lifesaving news

Patrols on this weekend are...

The times & teams on the beach this coming weekend are below, make sure you are coming down to your patrol or have organised a proxy/swap with another member.

Day	Date	Time	Patrol Team
Sat AM	11-Feb	08:15-13:00	8
Sat PM	11-Feb	12:45-17:30	7
Sun AM	12-Feb	08:15-13:00	10
Sun PM	12-Feb	12:45-17:30	9

Chicken Treat Broome Patrol Competition

The latest points update last week has really got everyone talking about Broome and how to close the gap on Team 1 and take the prize from them. The last of the announced inspections took place on the weekend with Team 5 scoring 99 out of 100, if you see them ask them how long an IRB should be run under load following a roll over!

The real challenge now is maintaining the high standards that we have seen with the first inspection for the unannounced inspections for each patrol over the coming 2 months. As patrol members everyone should be turning up on time and more importantly in full patrol uniform (shorts, shirt & cap) if not then it will cost your team points for something that you should be doing anyway. Every member has been issued with a patrol cap at some point over the last 2 years at the expense of the club so if you have lost it you will need to buy a replacement reversible patrol/competition cap from the club shop on a Sunday.



Patrol Proxy / Swap Requests

Name	My Patrol	Contact Details	Patrols I can do a swap with
Olivia Wade (SRC)	Sun 12 Feb 08:15-13:00	alan-andheidi@iprimus.com.au or 0439954289	Most in Feb/Mar apart from Sun 12 Feb
Nick Ponton	Sun 19 Feb 08:15-13:00	nickpontin@hotmail.com or 0406 510 946	Ask me if I can swap with yours
Declan Parnell	Sun 19 Feb 08:15-13:00	declan_parnell@hotmail.com	Ask me if I can swap with yours

To advertise for a proxy or swap in the Echo please contact Jody on scarboro_lifesaving@scarboro.com.au with details of the patrol you would like to advertise.

Jody Ballard

Swim Training

Days: Monday & Wednesday
Time: 5:30-6:30pm
Location: Bold Park Aquatic Centre
Open to: All active members aged 13 and over
Cost: Adult (over 15 years) \$5.00
Child (5 - 14 years) \$3.70
Student * \$4.40 * valid concession cards must be shown every time
Multi-passes available
Equipment: BYO fins, kick board, pull bouy & singlet

Ski Squad Scribbles

Well with the last of the novelty events for the season over with, its now time to buckle down to four weeks of hard training before the State Titles roll around!

Congratulations to those paddlers that took part in the Doctor race from Rottnest to Sorrento, held in very trying conditions that offered little help to anyone – Scott Gamble, Stuart King & Al Carville all managed to complete the course whilst Ruth Highman came away with a win in the opens women's section. Well done to all.

Last week saw the running of the inaugural Indian Ocean Classic and again Scarboro ski paddlers were mixing it with the best – Al Carville (backing up after the Doctor Race) was part of the winning 220 year relay team whilst Paul McKenner and John Snook (together with other Scarboro competitors Warren Jones and Stephane Dellac) battled it out on their own. Avril and the girls put in a great effort to finish. Conditions were extremely hot and trying for the day with not even a run through the nudie beach at Swanbourne offering any pleasant distractions for competitors.

Masters entries are now open so anyone wishing to compete needs to get their money in and see Wendy at the office

Thanks go out to Bob Welch and Scott Gamble for taking the initiative and putting together the last couple of training sessions.

Training this Saturday will start at 7.15am SHARP. Come down, train hard and be part of the Annual Club Breakfast afterwards.

Ski Training Sessions

Monday 5.30pm – Surf Club (Hillarys Marina if poor conditions and numbers warrant)

Tuesday 5.30am – Surf Club

Wednesday 5.30pm – Surf Club (Hillarys Marina if poor conditions and numbers warrant)

Thursday 5.30am – Surf Club

Friday 5.30pm – Scarboro Cup (conditions permitting)

Saturday 7.15am – Surf Club

See you on the water!

John Snook

Board paddlers

Training times:

Tuesday mornings –5.50am to 7am

Thursday mornings– 5.50am to 7am

Friday mornings-7am to 8am until the end of the holiday-skills training.

For Sale

2007 Balwell Scooter (please see notice board for pictures)

149cc (need motor cycle license)

Fully serviced

Very condition, comes with storage box and 2 helmets

10400km on the clock & 6 months rego

Economical to run and easy to park.

\$2800 ONO call Lesley on 0421 632 136