

Scarboro Juniors information booklet



2011/2012

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Welcome to Scarboro Surf Life Saving Club. Scarboro has a junior membership base of 360 juniors and every Sunday our beach is a hive of activity. Scarboro caters for the elite athlete and the social junior who just likes to have fun at the beach in an educational environment with friends. A parent from each family must join as a General member as part of our risk management procedures, and they must be in attendance when their children are participating.

Our season starts on the last Sunday of the October school holidays each year and we finish in March. The only exception to these dates is the under 6 and under 7 age groups. Our programs for these age groups start in January and finish in March when the weather is warmer and the ocean is friendlier.

Each age group has a manager that volunteers a large amount of time over the summer to provide the children with a balance between education and sport to develop a well rounded lifesaver.

Each year we provide all of our juniors with either a rash vest or a shirt, depending on sizes and availability. Children will need to wear bathers and a hat and have sun cream applied before coming down to the beach for sun protection. All junior members will need to wear a surf lifesaving cap that will assist age managers to identify each child in their age group. These caps are provided for children in the under 6, 7, 8, 9 and 10 age groups. Children in the u11, 12, 13 and 14 age groups will need to purchase one of these caps from our shop. These caps are compulsory for all junior members.

As part of our risk management procedure, children in the under 8-14 age groups will need to take part in a participation skill evaluation. This evaluation allows all age managers to evaluate the skill level of all children in their age group. It is important that they know the capabilities of the children in their age group. This evaluation will take place within the first 3 weeks of the season each year. Children will be asked to swim a specified distance, based on their age group and perform a float. We encourage all juniors to swim regularly or to join a swimming group to enhance their swimming skills. The more a child swims, the more confident they will be in the ocean. Our age managers do not teach children how to swim so it is important that your child has a reasonable level of swimming skills.

Our main system for communicating up to date information is via our weekly enews called the 'Echo'. If you wish to receive this email, please contact our office to be added to the data base. Email: info@scarboro.com.au

Our Junior Officer for 2011/2012 is Michael Nielsen. He can be contact via email on [Scarboro Juniors@scarboro.com.au](mailto:Scarboro_Juniors@scarboro.com.au) or call 0413 053 161

Individual age group outline

Under 6

- Must have turned 5 years old prior to, or on 30th September.
- Parent must join the club and be present with child during activities.

Cost: \$110 per child \$100 per siblings \$80 per parent

Start date: Sunday 15th January 2012

Finish date: Sunday 18th March 2012

Start time: 9.00am

Finish time: 10.00am

Age Manager: Lea Greenland - 0401 188 381- lea_greenland@hotmail.com

Cap Colour: Red and White (supplied)

All activities in this age group are play based and are conducted on the water's edge. All resources are supplied.

At the end of the season, children will receive a participation medallion and a Surf Play 1 certificate. Children will need to attend no less than 7 weeks to qualify to receive the Surf Play 1 certificate.

Photographs may be taken of your child during the season. These photos may be used on our website or in our newsletters. If you do not wish for your child to be photographed, please contact our office and let us know.

Under 7

- Must have turned 6 years old prior to, or on 30th September.
- Parent must join the club and be present with child during activities.

Cost: \$110 per child \$100 per siblings \$80 per parent

Start date: Sunday 15th January 2012

Finish date: Sunday 18th March 2012

Start time: 9.00am

Finish time: 10.00am

Age Manager: Lea Greenland- 0401 188 381- lea_greenland@hotmail.com

Cap Colour: Red and White (supplied)

All activities in this age group are play based and are conducted on the water's edge. All resources are supplied.

At the end of the season, children will receive a participation medallion and a Surf Play 2 certificate. Children will need to attend no less than 7 weeks to qualify to receive the Surf Play 2 certificate.

Photographs may be taken of your child during the season. These photos may be used on our website or in our newsletters. If you do not wish for your child to be photographed, please contact our office and let us know.

Under 8

- Must have turned 7 years old prior to, or on 30th September.
- Parent must join the club and be present with child during activities.

Cost: \$110 per child \$100 per siblings \$80 per parent

Start date: Sunday 16th October 2011

Finish date: Sunday 25th March 2012

Start time: 9.00am

Finish time: 10.30am

Age Manager: Nick Stewart- 0418 903 677- swnick@inet.net.au

Cap Colour: Blue and white (supplied)

All resources are supplied.

No competition is conducted for this age group.

At the end of the season, children will receive a participation medallion and a Surf Aware 1 certificate. Children will need to attend no less than 75% of the season to qualify to receive the Surf Aware 1 certificate.

Photographs may be taken of your child during the season. These photos may be used on our website or in our newsletters. If you do not wish for your child to be photographed, please contact our office and let us know.

Under 9

- Must have turned 8 years old prior to, or on 30th September.
- Parent must join the club and be present with child during activities.

Cost: \$110 per child \$100 per siblings \$80 per parent

Start date: Sunday 16th October 2011

Finish date: Sunday 25th March 2012

Start time: 9.00am

Finish time: 10.30am

Age Manager: Tim Whitehurst- 0403 243 441- whurst@iinet.net.au

Cap Colour: Green and white (supplied)

All resources are supplied.

No competition is conducted for this age group.

At the end of the season, children will receive a participation medallion and a Surf Aware 2 certificate. Children will need to attend no less than 75% of the season to qualify to receive the Surf Aware 2 certificate.

Photographs may be taken of your child during the season. These photos may be used on our website or in our newsletters. If you do not wish for your child to be photographed, please contact our office and let us know.

Under 10

- Must have turned 9 years old prior to, or on 30th September.
- Parent must join the club and be present with child during activities.

Cost: \$110 per child \$100 per siblings \$80 per parent

Start date: Sunday 16th October 2011

Finish date: Sunday 25th March 2012

Start time: 9.00am

Finish time: 10.30am

Age Manager: Nic Dale- 0400 300 850- nickdale2@gmail.com

Cap Colour: Orange and White (supplied)

All resources are supplied.

No competition is conducted for this age group.

At the end of the season, children will receive a participation medallion and a Surf Safe 1 certificate. Children will need to attend no less than 75% of the season to qualify to receive the Surf Safe 1 certificate.

Photographs may be taken of your child during the season. These photos may be used on our website or in our newsletters. If you do not wish for your child to be photographed, please contact our office and let us know.

Under 11

- Must have turned 10 years old prior to, or on 30th September.
- Parent must join the club and be present with child during activities.

Cost: \$110 per child \$100 per siblings \$80 per parent

Start date: Sunday 16th October 2011

Finish date: Sunday 25th March 2012

Start time: 9.00am

Finish time: 11.00am

Age Manager: Rob Mason- 0411 615 806 and Graham Snook- 0412 478 928

Cap Colour: Green (must be purchased)

All resources are supplied.

Competition is available for this age group. A club champion's intraclub competition will be held during the season where members can win medals in swim, board, sprints, flag and iron person events. Members can also compete in interclub competitions in various events that are held at different beaches throughout the season on Sunday mornings. Members who wish to compete in any competition events will need to complete a Competition skill evaluation where they need to show they can swim a minimum of 280 metres in 9 minutes or less. These evaluations will be conducted most Sunday mornings.

Training for all events will be available to members and will be advertised to families via our weekly enews called the 'Echo'.

Members who commit to training and competing have an opportunity to have a board contracted to them for the season. Conditions apply. Cost is a bond of \$50 for the board, which is refunded at the end of the season when returned in good condition.

At the end of the season, children will receive a Surf Safe 2 certificate. Children will need to attend no less than 75% of the season to qualify to receive the Surf Safe 2 certificate.

Photographs may be taken of your child during the season. These photos may be used on our website or in our newsletters. If you do not wish for your child to be photographed, please contact our office and let us know.

Under 12

- Must have turned 11 years old prior to, or on 30th September.
- Parent must join the club and be present with child during activities.

Cost: \$110 per child \$100 per siblings \$80 per parent

Start date: Sunday 16th October 2011

Finish date: Sunday 25th March 2012

Start time: 9.00am

Finish time: 11.00am

Age Manager: Steve Llanwarne- 0410 581 667- stephen.llanwarne@telstra.com

Cap Colour: Blue (must be purchased)

All resources are supplied.

Competition is available for this age group. A club champion's intraclub competition will be held during the season where members can win medals in swim, board, sprints, flag and iron person events. Members can also compete in interclub competitions in various events that are held at different beaches throughout the season on Sunday mornings. Members who wish to compete in any competition events will need to complete a Competition skill evaluation where they need to show they can swim a minimum of 280 metres in 9 minutes or less. These evaluations will be conducted most Sunday mornings.

Training for all events will be available to members and will be advertised to families via our weekly enews called the 'Echo'.

Members who commit to training and competing have an opportunity to have a board contracted to them for the season. Conditions apply. Cost is a bond of \$50 for the board, which is refunded at the end of the season when returned in good condition.

At the end of the season, children will receive a Surf Smart 1 certificate. Children will need to attend no less than 75% of the season to qualify to receive the Surf Smart 1 certificate.

Photographs may be taken of your child during the season. These photos may be used on our website or in our newsletters. If you do not wish for your child to be photographed, please contact our office and let us know.

Under 13

- Must have turned 12 years old prior to, or on 30th September.
- Parent must join the club and be present with child during activities.

Cost: \$110 per child \$100 per siblings \$80 per parent

Start date: Sunday 16th October 2011

Finish date: Sunday 25th March 2012

Start time: 9.00am

Finish time: 11.00am

Age Manager: Fiona Allen

Cap Colour: Red (must be purchased)

All resources are supplied.

Competition is available for this age group. A club champion's intraclub competition will be held during the season where members can win medals in swim, board, sprints, flag and iron person events. Members can also compete in interclub competitions in various events that are held at different beaches throughout the season on Sunday mornings. Members who wish to compete in any competition events will need to complete a Competition skill evaluation where they need to show they can swim a minimum of 280 metres in 9 minutes or less. These evaluations will be conducted most Sunday mornings.

Training for all events will be available to members and will be advertised to families via our weekly enews called the 'Echo'.

Members who commit to training and competing have an opportunity to have a board contracted to them for the season. Conditions apply. Cost is a bond of \$50 for the board, which is refunded at the end of the season when returned in good condition.

At the end of the season, children will receive a Surf Smart 2 certificate. Children will need to attend no less than 75% of the season to qualify to receive the Surf Smart 2 certificate.

Photographs may be taken of your child during the season. These photos may be used on our website or in our newsletters. If you do not wish for your child to be photographed, please contact our office and let us know.

Under 14

- Must have turned 13 years old prior to, or on 30th September.
- Parent must join the club and be present with child during activities.

Cost: \$110 per child \$100 per siblings \$80 per parent

Start date: Sunday 16th October 2011

Finish date: Sunday 25th March 2012

Start time: 9.00am

Finish time: 11.00am

Age Manager: Jim Alco- 0433169735- alcojim@hotmail.com

Cap Colour: Yellow (Must be purchased)

All resources are supplied.

Competition is available for this age group. A club champion's intraclub competition will be held during the season where members can win medals in swim, board, sprints, flag and iron person events. Members can also compete in interclub competitions in various events that are held at different beaches throughout the season on Sunday mornings. Members who wish to compete in any competition events will need to complete a Competition skill evaluation where they need to show they can swim a minimum of 280 metres in 9 minutes or less. These evaluations will be conducted most Sunday mornings.

Training for all events will be available to members and will be advertised to families via our weekly enews called the 'Echo". Members who commit to training and competing have an opportunity to have a board contracted to them for the season. Conditions apply. Cost is a bond of \$50 for the board, which is refunded at the end of the season when returned in good condition.

Children in this age group are expected to complete their Surf Rescue Certificate. Once they have completed this certificate, they are expected to become a patrol member as part of a team. They will be placed in a patrol group and will be required to complete patrols with this group during the season. Patrols are conducted on Saturday mornings and afternoons, Sunday mornings and afternoons and on public holidays in the morning and afternoon. Once a child in this age group has completed some patrols, they become eligible to compete in senior carnivals in the under 15 age group. Photographs may be taken of your child during the season. These photos may be used on our website or in our newsletters. If you do not wish for your child to be photographed, please contact our office and let us know.

Parent (General members)

We have lots of opportunities for parents to get involved. For those that are not interested in getting physical, we are always looking for people to help out in the shop and canteen on Sunday mornings. We also need cooks to cook up our sausage sizzle each week. Our age groups are put on a roster for this task, so please help out one week if you can.

For those who would like to be challenged, we can offer several options:

- Complete the Surf Rescue Certificate and help out with water safety at our beach and at competitions. No costs involved and will be conducted at our beach on Sunday mornings (or at times that suit the group). Course takes around 6-8 weeks depending on the skill set of the group. You need to be able to swim 200 metres in 5 minutes or less prior to starting the course.
- Complete a Senior First Aid certificate and help out on Sundays at our beach or at competitions. A cost involved (around \$70). Course will be conducted at our club. Either a full day course or over 2 half days.
- Complete the Bronze Medallion. You will then need to do some patrols but will be eligible to compete in interclub competitions.
- Complete the Officials course and help out at competitions. We need to provide 5 officials each competition. If we do not meet this criterion, we cannot let all of our members compete. No cost involved to our members. Club will pay for members to complete the course. This is a one day course. On completion of course, you must commit to at least 2 competitions per year over at least 2 years.

All general members are eligible to participate in all intraclub events that are held every Sunday morning with our senior members. A swim is held every week at 10am and other events will be advertised during the season. A lot of these events will earn a trophy at the end of the season.

Club shop

Open every Sunday morning from September to the end of March. Staffed by volunteers.

Club Canteen

Open just about every Sunday morning during the year. Staffed by volunteers.

Club office hours: Monday to Friday 8am-4pm 9341 1011 info@scarboro.com.au